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AP Bio Semester 1 Review (deck 1)

Glenn Wolkenfeld (Mr. W) Creator, Learn-Biology.com

AGENDA

1. Methods and resources for Semester 1 review 2.Your Questions 3. Practice FRQs

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1.STUDY METHODS and RESOURCES

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Goals of (AP Bio) Exam Review

- 1. Identifying gaps in knowledge and filling them
- 2. Doing as much authentic practice as possible
- 3. Becoming confident, skilled, and fluent

Biggest Review Mistake (mostly by students)

- 1. Passive activities that lead to overconfidence
 - a. Reading through an outline (and highlighting)
 - b. Rereading your textbook
 - c. Rereading your notes (and highlighting)
 - d. Passively watching a lot of YouTube videos
- 2. The problem: Familiarity/ease of experience leads to overconfidence

Discuss with a partner

What's the best way to review?

Retrieval practice + Spacing + Interleaving

- 1. Retrieval Practice/testing effect
 - a. WHAT: Actively recalling information from memory
 - b. WHY: Strengthens memory and recall
 - c. HOW: Flashcards, interactive outlines, practice (or real) tests
- 2. Spacing effect
 - a. WHAT: Spread out study sessions over time
 - b. WHY: Improves long term retention by making the brain work harder
 - c. HOW: scheduling
- 3. Interleaving
 - a. WHAT: Mix different topics and types of problems into a study session (as opposed to topic by topic studying)
 - b. WHY: Builds connections between topics and leads to more flexible thinking and better problem-solving
 - c. HOW: next slide

Discuss with a partner

Interleaving on Learn-Biology.com

Your plan for AP Bio Semester 1 Final Success

- 1. Self assess to find your gaps
 - a. Use the checklist
 - b. Use the outline
 - c. Take a test on Learn-Biology.com

2. Fill the gaps with

- a. Flashcards
- b. Tutorials
- c. Consulting your textbook.
- d. Chat GPT
- 3. Practice writing FRQs

Ace AP Bio. Start with a free trial

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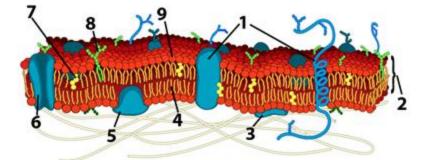
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Membrane Structure and Function

A Guaranteed 4 or 5 on the AP Bio Exam

Biomania AP BIO App



To help you study study for your semester final and the AP Bio exam...

Download this checklist at apbiosuccess.com/ checklist

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Topics 2.4 – 2.9: Membrane Structure and Function; Osmosis

Describe the fluid mosaic model of the cell membrane. Include

- The overall function of the membrane
- The role of phospholipids
- The role of embedded proteins (how they fit into the bilayer, and their var
- □ The functions of cholesterol, glycolipids, and glycoproteins.
- Define selective permeability.

Explain how selective permeability arises from the fluid mosaic structure of the mem

How small, nonpolar molecules like N2, CO2, and O2 can pass across the

- $\hfill\square$ How ions and large polar molecules move across the membrane
- $\hfill\square$ How small polar molecules (like water) pass through the membrane
- Compare and contrast passive transport, active transport, and facilitated diffusion. Co process to membrane structure.
- Compare and contrast endocytosis and exocytosis.
- Explain membrane potential
- Connect membrane potential to processes such as ATP synthesis.
- Define the term osmosis, and be able to predict and explain the flow of water into or hypotonic, hypertonic, and isotonic environments.
- Evaluin the movement of water into or out of colls (and entire organisms) in relations

What are your ?s

- 1. Properties of water/hydrogen bonds
- 2. Monomers/Polymers/ Functional groups
- 3. Carbohydrates and lipids
- 4. Proteins
- 5. Nucleic Acids
- 6. Lactose intolerance
- 7. Sickle cell anemia
- 8. Prokaryotes v. eukaryotes

- 8. Cell size (surface area/volume)
- 9. Cellular

compartmentalization/ endosymbiosis 10.Cell parts/organelle function 11.Cell Membrane Structure 12.Membrane transport

- 13.Osmosis
- 14.Water Potential

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Properties of Water and Hydrogen Bonding

Life is based on Water

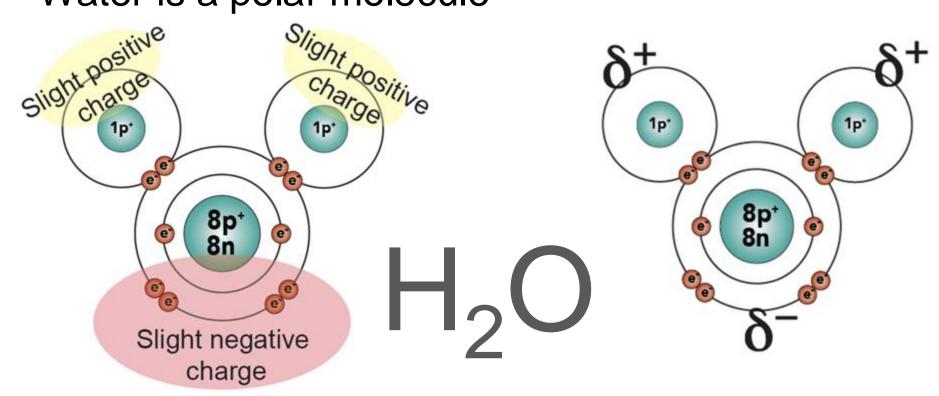
Sunlike Stars

Living things are mostly made of water

- Animals: 60 70%
- Plants: 80-90%
- Microorganisms (bacteria): 70 - 80%

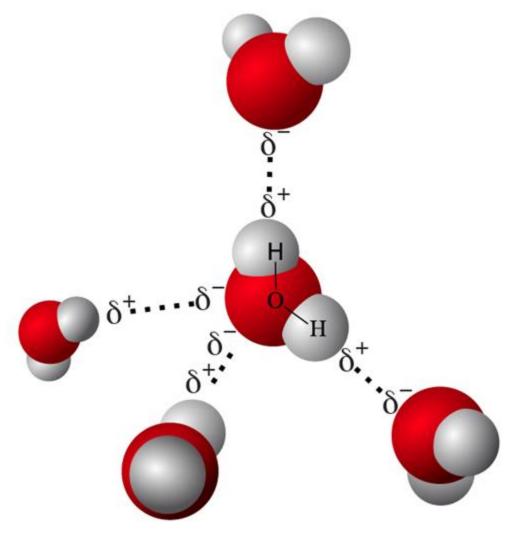


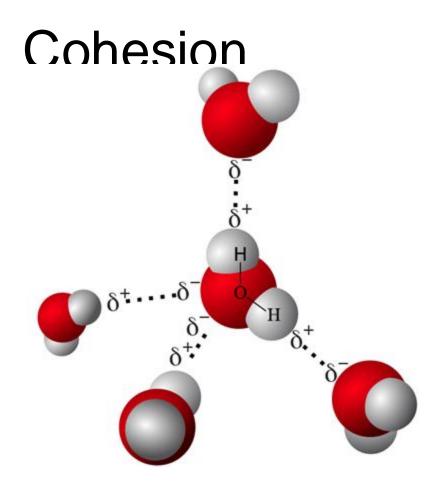
Water is a polar molecule



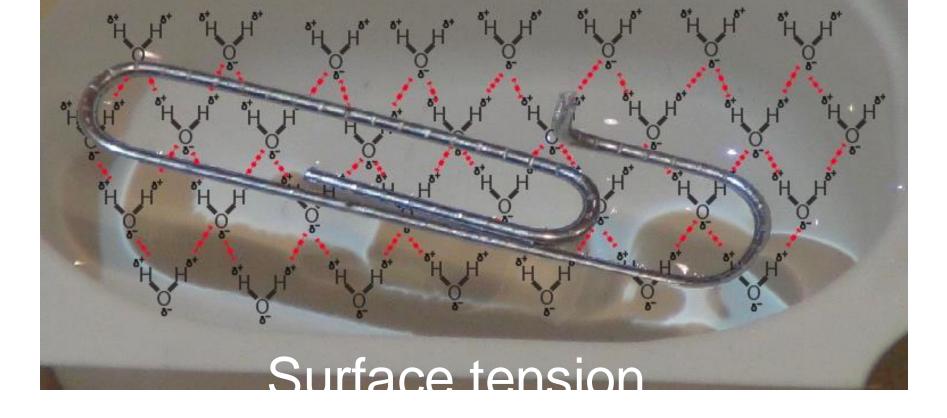
Hydrogen bonds are *intermolecular* bonds

- Between the δ⁺ (hydrogen) side of one water molecule and the δ⁻ (oxygen) side of another water molecule.
- MUCH weaker than covalent or ionic bonds.



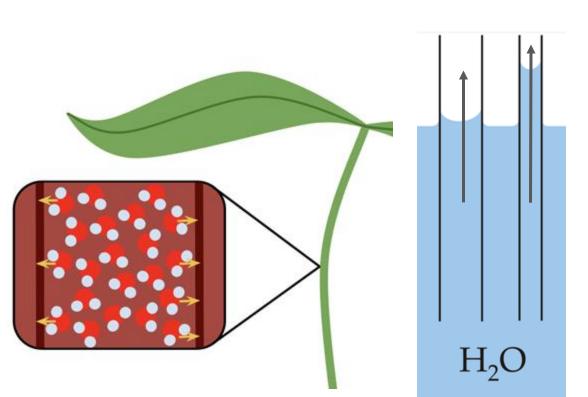


- Hydrogen bonds between water molecules.
- Responsible for
 - Water's high heat of vaporization,
 - High specific heat, and
 - Ice being lighter than liquid water.
 - High surface tension.



- Force exerted by the water molecules on the surface of a body of water.
- Creates a kind of web or net upon the surface (water striders, resisting evaporation, etc.)

Adhesion

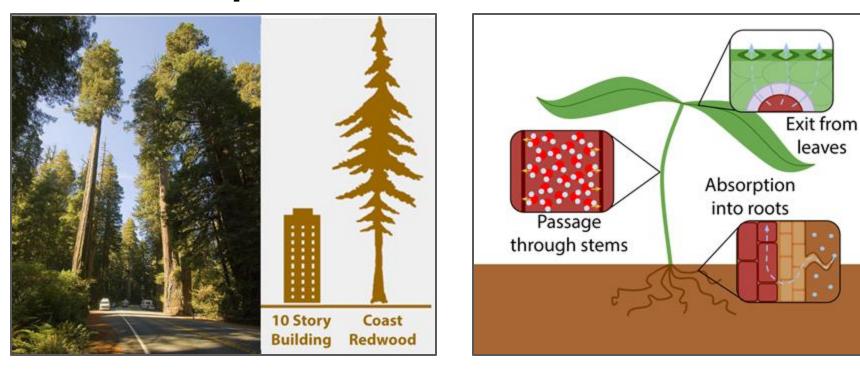


H-bonds between water molecules and other polar substances (e.g.: cellulose walls making up the xylem of plants).

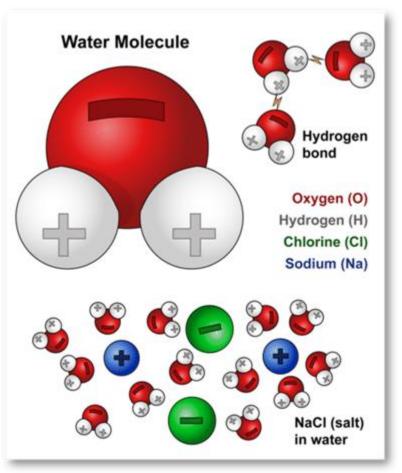
• Responsible for capillary action.

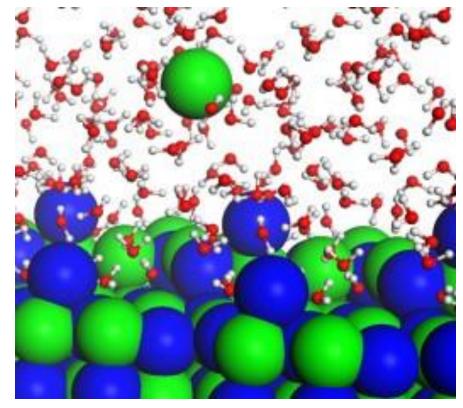
Transpiration

 Evaporation + cohesion + adhesion pull water up plants



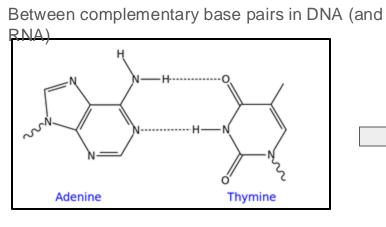
Why water is a great solvent



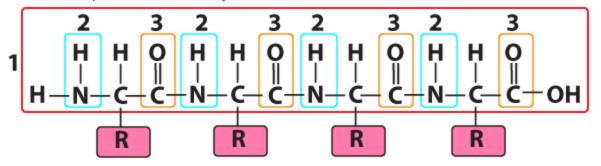


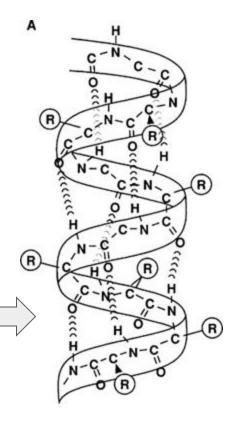
Model of water interacting with salt

Hydrogen bonds are key to biological structure



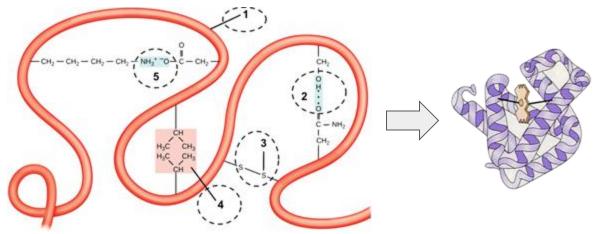
In protein secondary structure



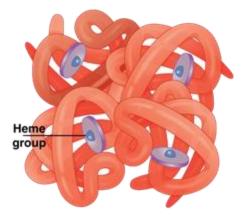


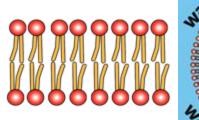
Hydrogen bonds are key to biological structure

In protein tertiary structure

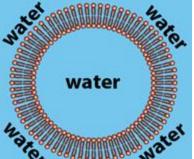


Quaternary structure

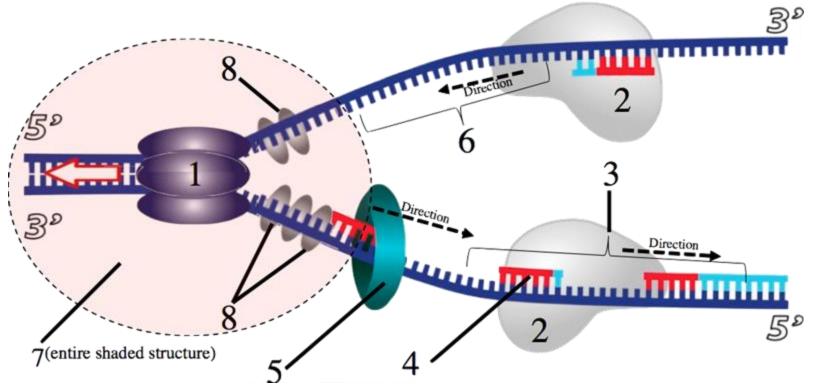


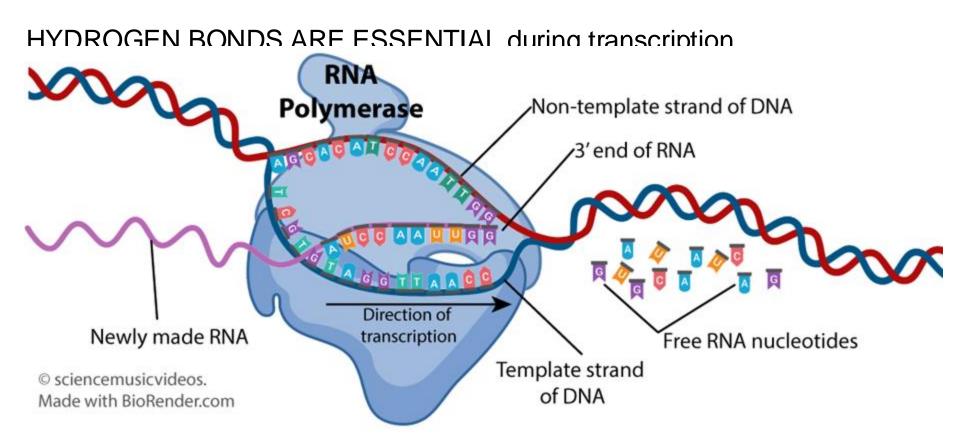


In cell membrane formation

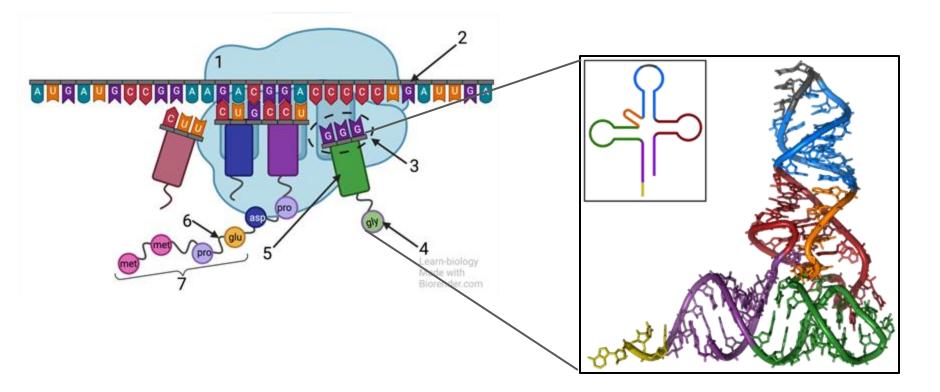


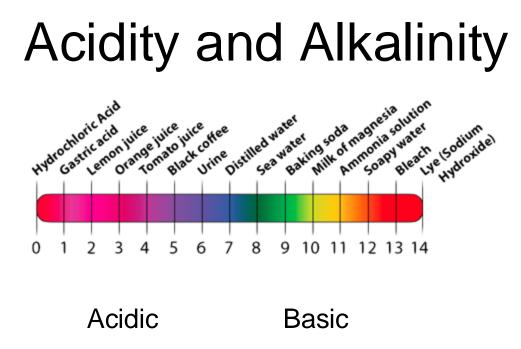
HYDROGEN BONDS ARE ESSENTIAL in DNA replication





HYDROGEN BONDS ARE ESSENTIAL during protein synthesis





 $HCI \rightarrow H^+ + CI^-$ NaOH \rightarrow Na⁺ + OH⁻

- Acidic solutions:
 - More hydrogen ions (protons or H⁺) than hydroxide ions
 - (represented by OH⁻)
 - pH is below 7.
- Bases:
 - Have more hydroxide ions than hydrogen ions
 - \circ pH is above 7.

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Structural Formulas, Monomers and Polymers, Functional Groups

Structural Formulas

Carbon numbering

Glucose $C_6H_{12}O$ $_6$

Molecular formula

CH₂OH Η Н ОН Н HO ΟH OH **Full structural** formula, showing all

atoms and all

bonds

An abbreviated structural formula.

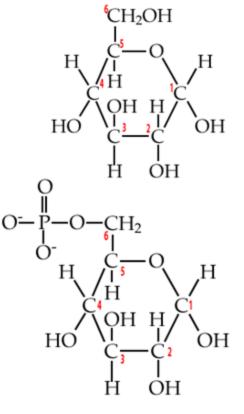
ÒН

ЭΗ

CH₂OH

ОН

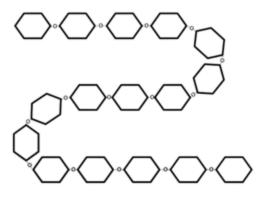
ΟН



Glucose-6-Phosphate





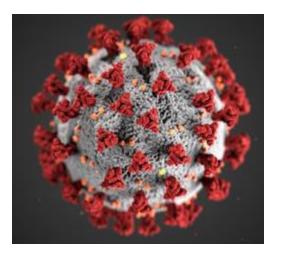


OH

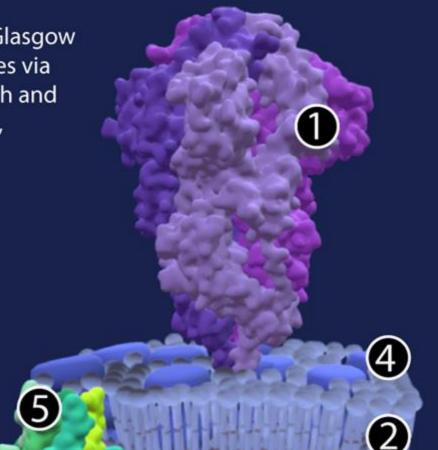
OH

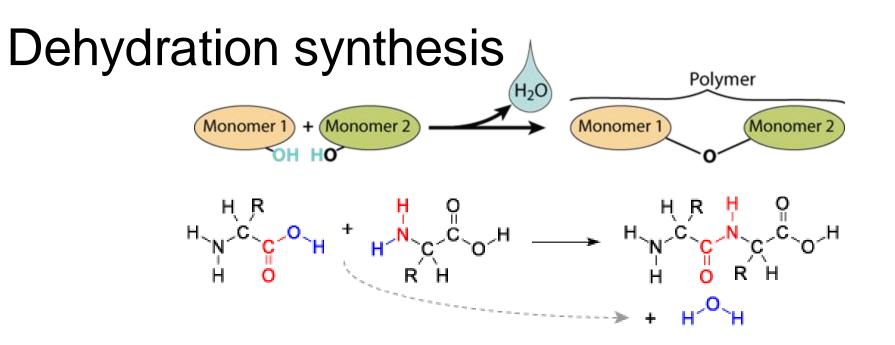
- Monomers: small building blocks.
- **Enzymes combine** monomers to form polymers.
- **Polymers:** AKA \bullet macromolecules, with specific shapes and properties
- Enzymes can also break polymers down to monomers

A macromolecule (and a polymer): SARS-CoV-2 Spike Protein

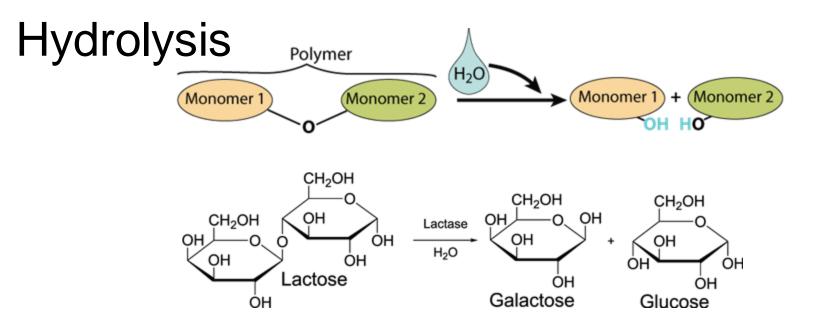


Model by Glasgow Life Sciences via UK Research and Innovation, CC by 4.0





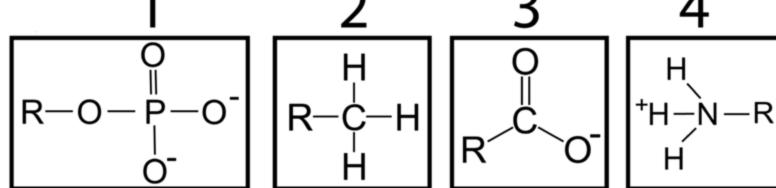
- Enzymes pull a hydroxyl group (an —OH) off of one monomer (or a group of already connected monomers),
- A hydrogen atom is pulled off the other.
- The —H and —OH combine to form water (hence, *dehydration* synthesis).

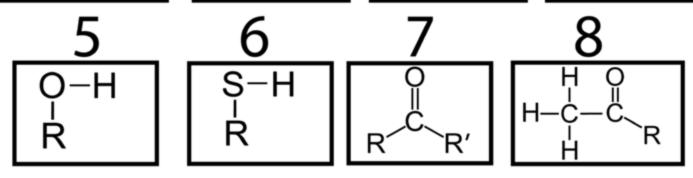


- Enzymes insert a water molecule between the monomers making up the polymer.
- This breaks the bond that held the two monomers together.
- IMPORTANT VERB: to hydrolyze

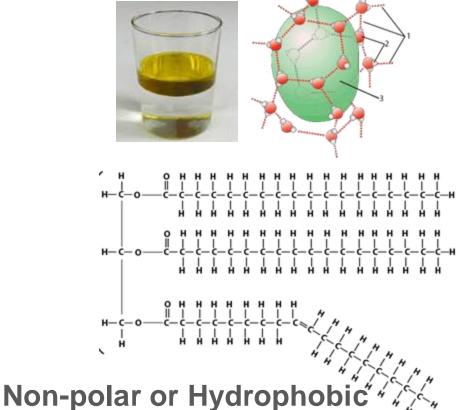
Functional groups

- YOU DON'T NEED TO KNOW THESE BY NAME.
- YOU SHOULD KNOW HOW THEY AFFECT MOLECULES.



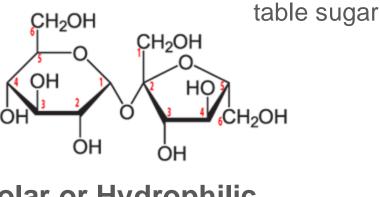


Functional groups determine how molecules interact with water_____





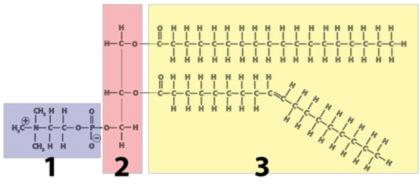
Sucrose:

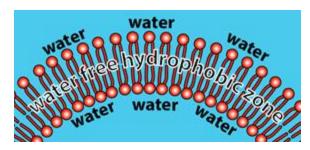


Polar or Hydrophilic

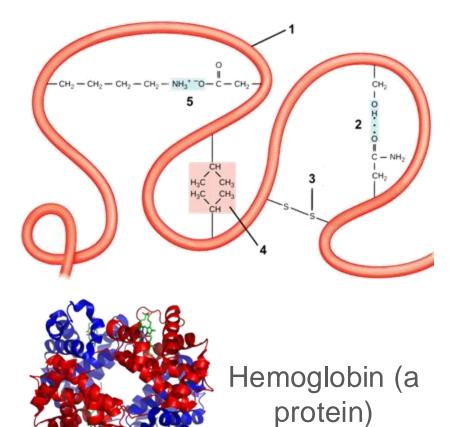
Functional Groups in context

Phospholipid





Phospholipid bilayer

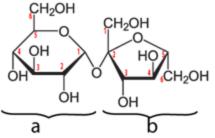


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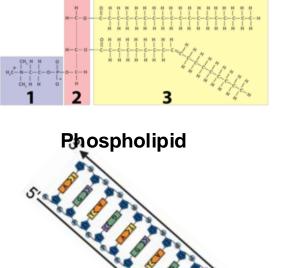
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Biomolecules

The four biomolecule families



Disaccharide (sugar)

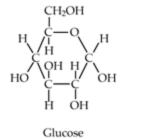


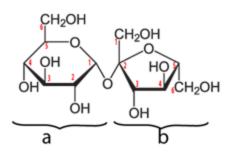
DNA

- Carbohydrates
- Lipids
- Proteins
- Nucleic Acids

Hemoglobin

Carbohydrates

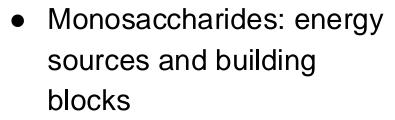




Monosaccharides (simple sugars)

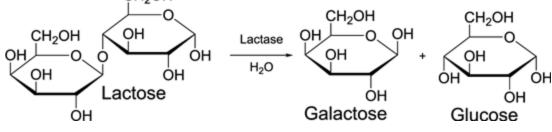
Disaccharides (two linked monosaccharides)

Polysaccharides (starch, cellulose)

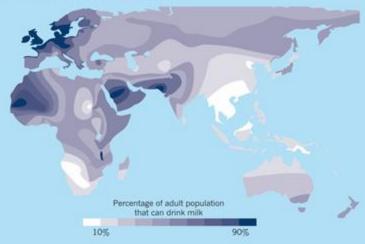


- Disaccharides: energy transfer (sucrose, lactose)
- Polysaccharides
 - Energy storage
 (starch/glycogen)
 - Structures (cellulose: cell walls)

Illustrative example: lactose tolerance/intolerance.



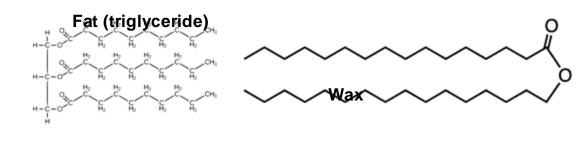
LACTASE HOTSPOTS Only one-third of people produce the lactase enzyme during adulthood, which enables them to drink milk.

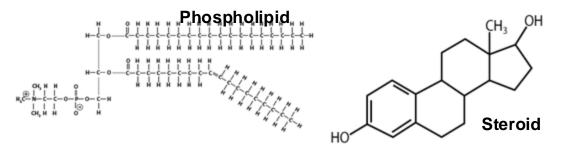




- Lactose: sugar in milk.
- Lactase: hydrolyzes lactose into monosaccharides
- Most mammals only produce lactase during infancy (while suckling).
- Most adult mammals don't produce lactase (adaptation: why produce an enzyme for something you don't eat)
- Some human groups (pastoralists/herders) evolved lactase persistence
- Most humans (the majority) are lactose intolerant as adults

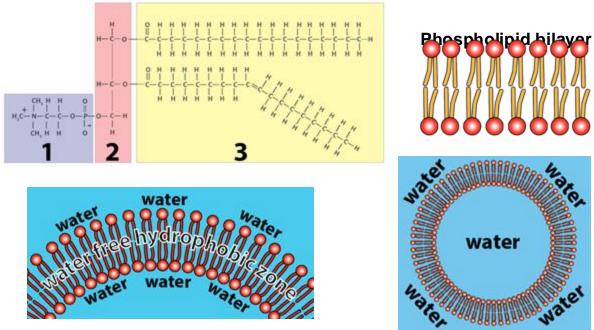
Lipids: An overview





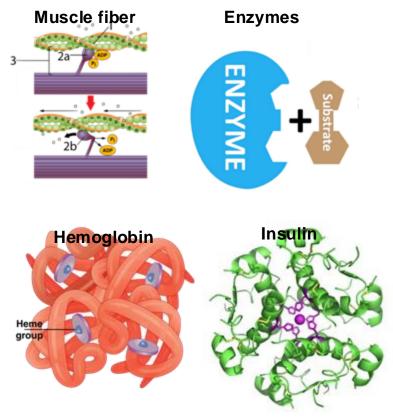
- Wholly or partly nonpolar.
- *Not* composed of repeating monomers.
- Functions
 - Energy storage and insulation (fats/oils)
 - Waterproofing (waxes)
 - Membrane formation (phospholipids)
 - Signaling (steroids)

Phospholipids, water, and membranes



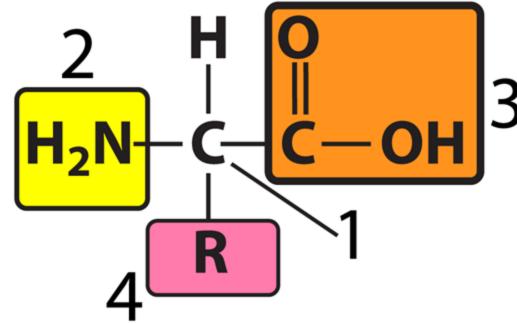
- When mixed with water, the heads form hydrogen bonds with water, while the tails form a water free zone
- This creates a phospholipid bilayer, the basis of membranes

Protein overview: key functions

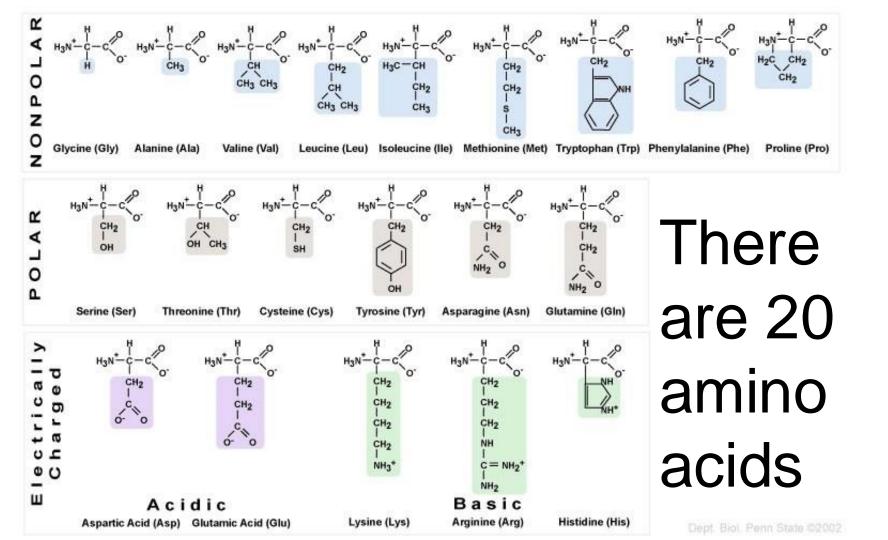


- Motion: muscle tissue, also cilia and flagella
- Enzymes
- **Structure**: collagen or keratin (hair, feathers, and nails)
- **Transport** (hemoglobin, which carries oxygen)
- **Energy** storage (albumin)
- Transmitting signals (hormones like insulin or protein neurotransmitters)

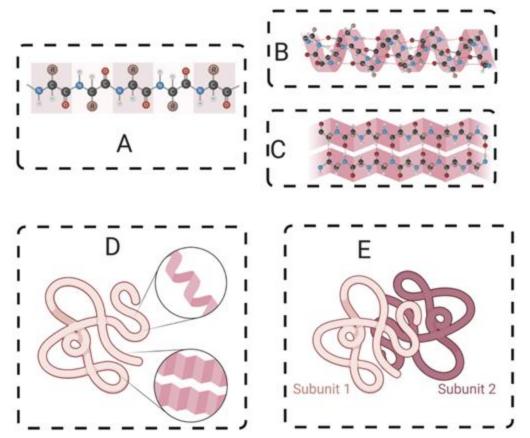
Amino Acids are the monomers



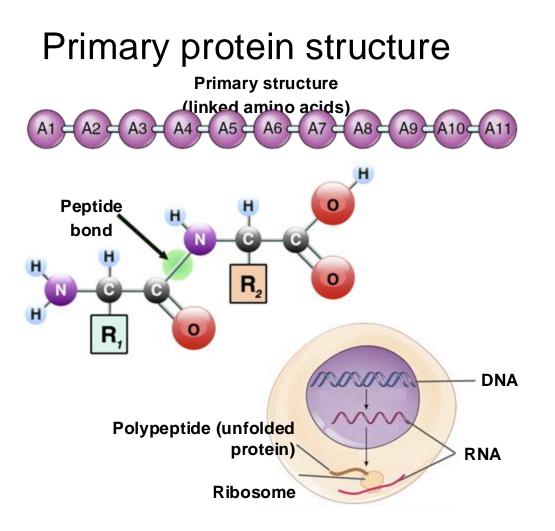
- Central carbon (1)
- Amine group (2)
- Carboxyl group (3)
- Hydrogen atom
- A variable R group (4)
 - Also called a "side chain"
 - Can be polar, nonpolar, acidic, or basic



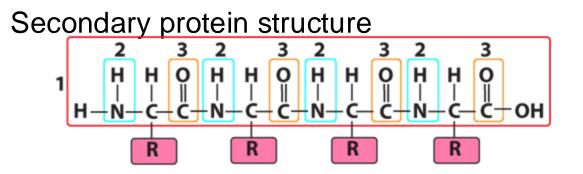
O\/FR\/IF\//· Protein structure emerges through 4 levels of interaction



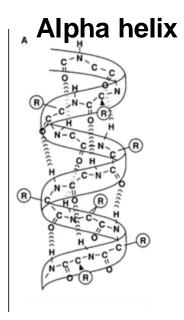
- 1° structure (A): linear sequence of amino acids (genetically determined)
- 2° Structure (B and C): interactions involving polypeptide backbone
- 3° Structure (D): interaction between R groups
- 4° (Quaternary) structure (E): interactions between multiple folded tertiary polypeptides.



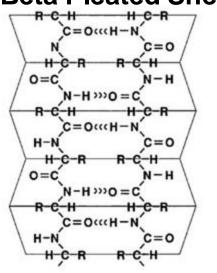
- Genetically
 determined sequence
 of amino acids in a
 polypeptide chain.
- Each amino acid is connected to the next by a **peptide bond**
- Peptide bonds are formed by ribosomes during *translation* or *protein synthesis*

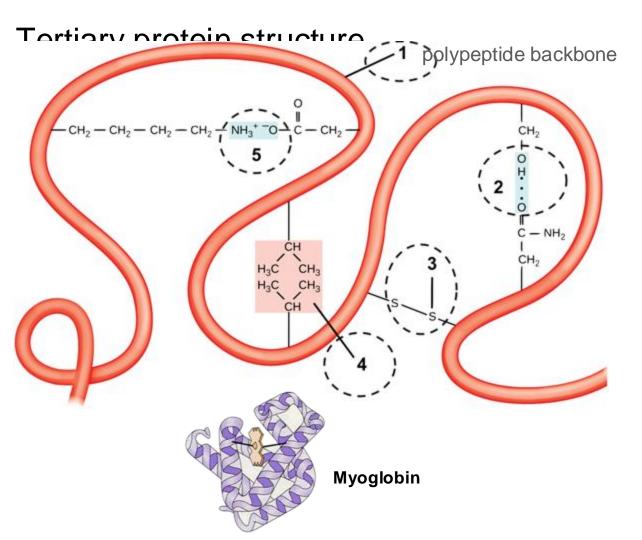


- Involves interactions between carbonyl (3) and amine residues (2) in the polypeptide backbone.
- Two forms



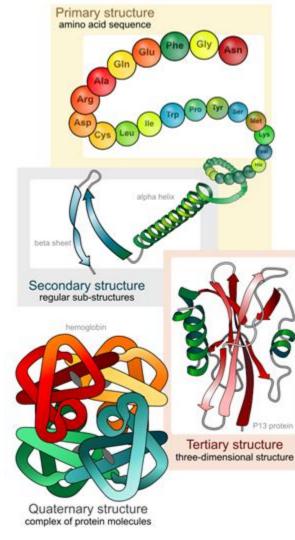
Beta Pleated Sheet





- Interactions between amino acid side chains (also called R-groups)
- Hydrogen bonds (2)
- Covalent bonds (3)
- Hydrophobic clustering (4)
- Ionic bonds (5)

The result is a complex, three-dimensional shape.



Quaternary protein structure

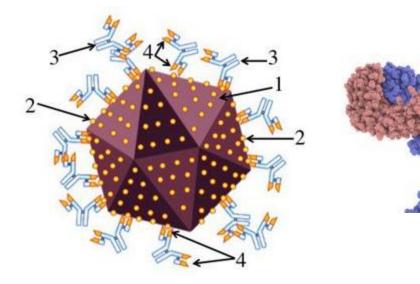
Model by Glasgow Life Sciences via **UK Research and** Innovation, CC by 4.0

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(1) SARS Spike Protein: 3 polypeptide chains

- Involves multiple polypeptides
- Can involve hydrogen bonds, ionic bonds, and hydrophobic interactions

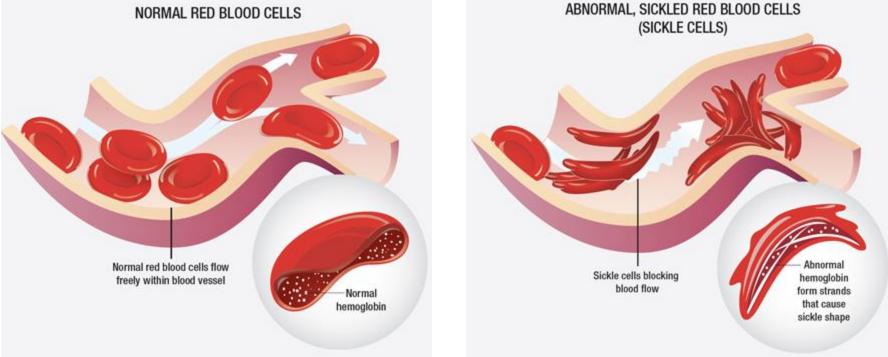
Protein shape = structure and function = Adaptation



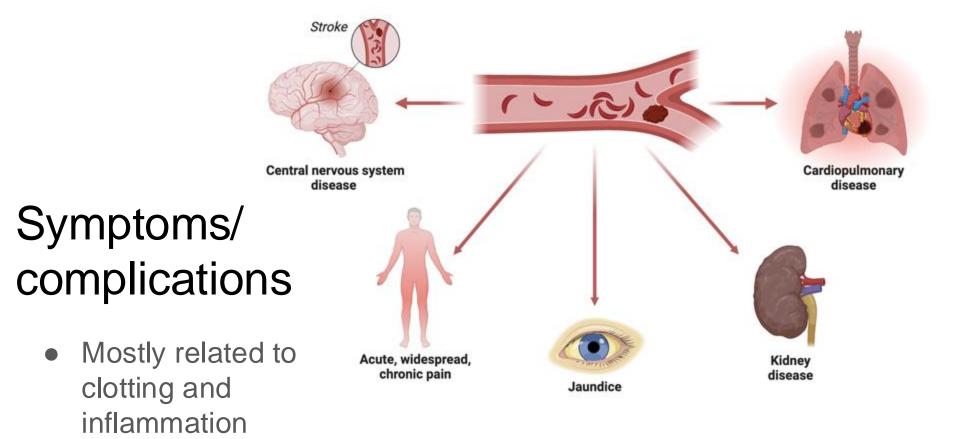
Immune system antibodies (proteins) interacting with viral proteins

Inner Membrane of Mitochondria/ Gram negative Bacteria ATP Synthase

Sickle cell disease



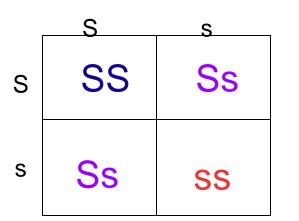
- Inherited disease affecting hemoglobin in red blood cells.
- Affects about 100,000 U.S. citizens, mostly African Americans, and about 8,000,000 people worldwide

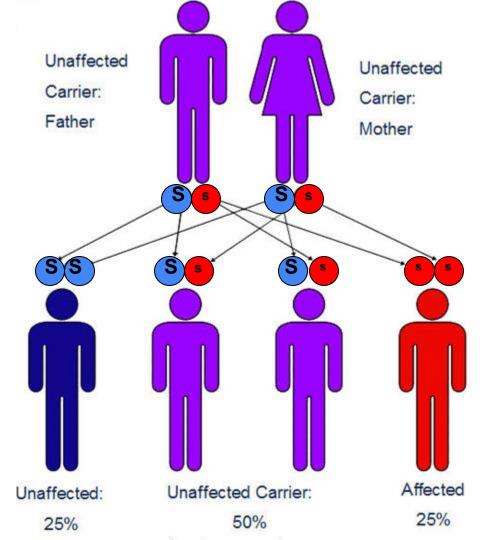


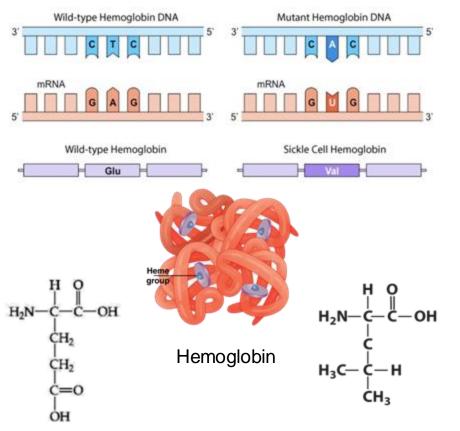
• Improved medical care has increased lifespan from early childhood mortality to 50 years (or longer).

Inheritance is **autosomal** and **recessive**

- You have to inherit the gene from **both** parents
- SS: homozygous normal (no presence of allele)
- Ss: heterozygous (one allele, but no symptoms)
- ss: affected



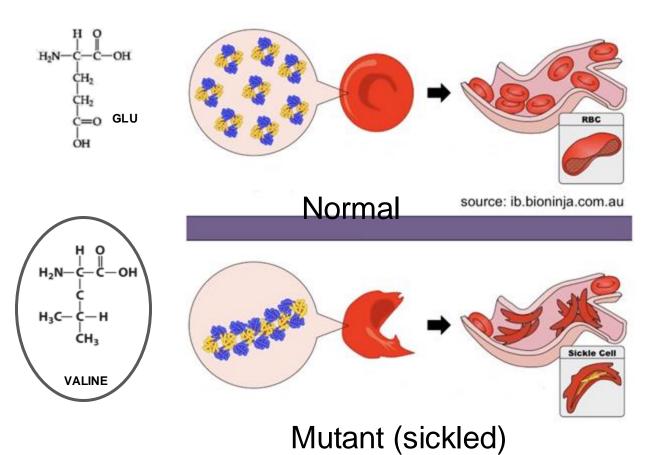




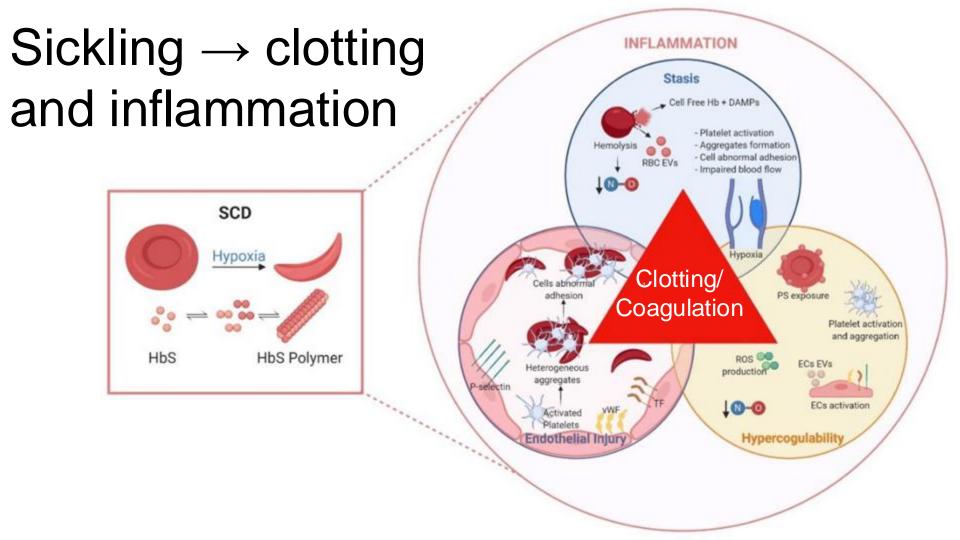
Caused by a point mutation in the gene for hemoglobin

- Hemoglobin: quaternary
 protein
 - Two Alpha chains: 141 amino acids
 - Two Beta chains: 146 amino acids
- A point mutation in the beta chains substitutes "A" for "T"
- The resulting beta chains have valine (nonpolar) instead of glutamic acid.

How the substitution causes sickling

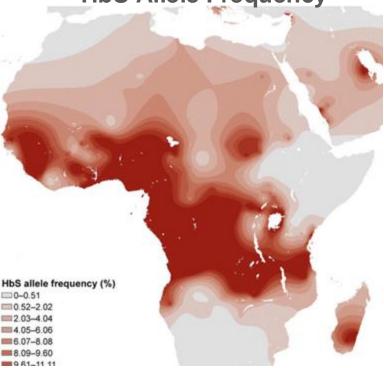


- Because of exteriorfacing valines, the mutated hemoglobin molecules form hydrophobic bonds with one another.
- This creates fibers, causing cells to sickle.
- It's like a 5th level structure (a polymer of polymers)



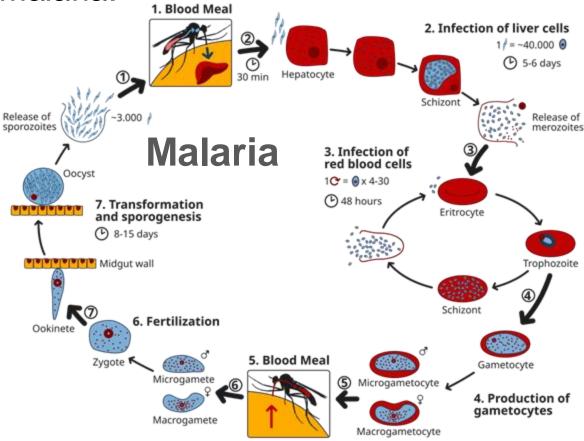
If sickle cell disease is so bad, why is the sickle cell allele so common?

- Allele: gene variant
 - HbA: normal hemoglobin
 - HbS: sickle-cell hemoglobin
- In Nigeria (country with the highest level of sickle cell disease)
 - 2% of babies are born with the disease
 - Between 20% and 30% of the population are heterozygotes (Ss).
 - The frequency of the HbS allele is between 10% and 15%



ANSWER: The sickle cell allele disrupts the life cycle of the parasite that causes malaria.

- Malaria: caused by a eukaryotic protist that infects red blood cells
- The parasite is spread by mosquitoes
- RBC rupture causes
 debilitating fever
- Affected 249 million people and caused over 600,000 deaths in 2022



The sickle cell allele is common because of natural selection

-:

HbS Allele Frequency

HbS allele frequency (%) 0-0.51 0.52-2.02 2.03-4.04 4.05-6.06 6.07-8.08 8.09-9.60

0 61 11 11

Year 2014 Incidence of severe malaria Inpatient admissions All ages Median estimate

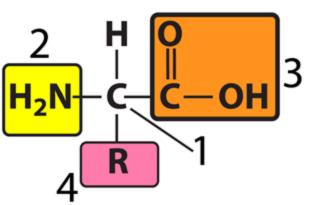
> 4 cases per 1000

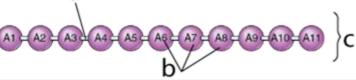
Malaria Incidence

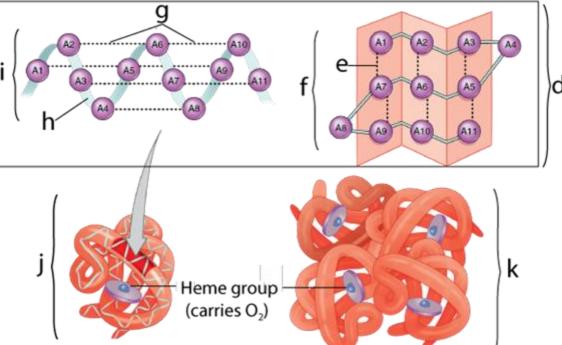
- 0 cases No data

Proteins: Key Takeawayas

- Amino acid structure
- Four levels of protein structure







QUESTIONS (and comments)



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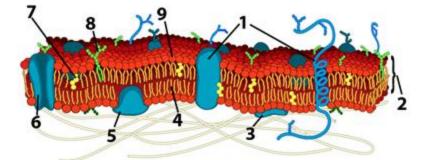
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Membrane Structure and Function

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Topics 2.4 – 2.9: Membrane Structure and Function; Osmosis

Describe the fluid mosaic model of the cell membrane. Include

- The overall function of the membrane
- The role of phospholipids
- The role of embedded proteins (how they fit into the bilayer, and their var
- □ The functions of cholesterol, glycolipids, and glycoproteins.
- Define selective permeability.

Explain how selective permeability arises from the fluid mosaic structure of the mem

How small, nonpolar molecules like N2, CO2, and O2 can pass across the

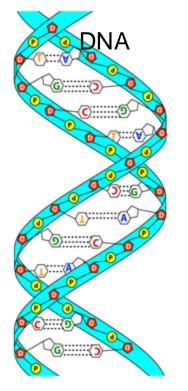
- $\hfill\square$ How ions and large polar molecules move across the membrane
- $\hfill\square$ How small polar molecules (like water) pass through the membrane
- Compare and contrast passive transport, active transport, and facilitated diffusion. Co process to membrane structure.
- Compare and contrast endocytosis and exocytosis.
- Explain membrane potential
- Connect membrane potential to processes such as ATP synthesis.
- Define the term osmosis, and be able to predict and explain the flow of water into or hypotonic, hypertonic, and isotonic environments.
- Evaluin the movement of water into or out of colls (and entire organisms) in relations

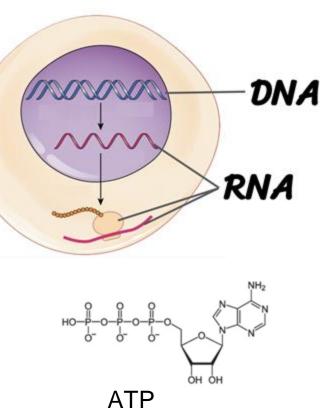
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NUCLEIC ACIDS

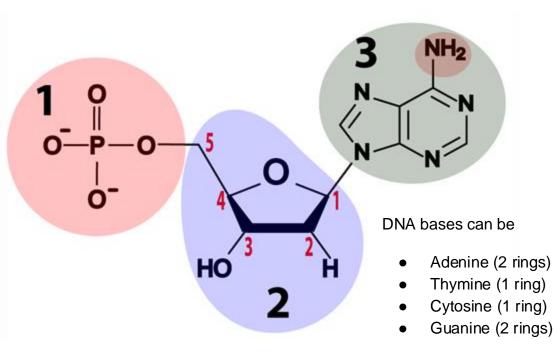
The biological importance of nucleic acids





- DNA: molecule of heredity.
- RNA
 - Hereditary molecule in some viruses
 - Key role is information transfer, as in messenger RNA
 - Can also act as an enzyme, catalyzing reactions: this is seen in ribosomes and spliceosomes
 - Can regulate gene expression: microRNAs.
- ATP (an RNA monomer): Life's key energy transfer molecule, powering most cellular work.

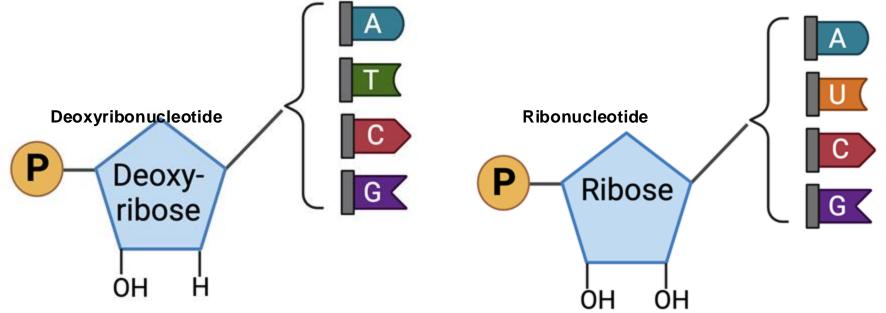
Name the monomer of nucleic acids, and describe its structure.



- Monomers:**nucleotides**
- 5-carbon sugar (at 2)
- A phosphate group (at 1)
- One of four nitrogenous bases (at 3).
- Phosphate group: connects to the 5' carbon in the sugar
- Nitrogenous base is connected to the 1' carbon.

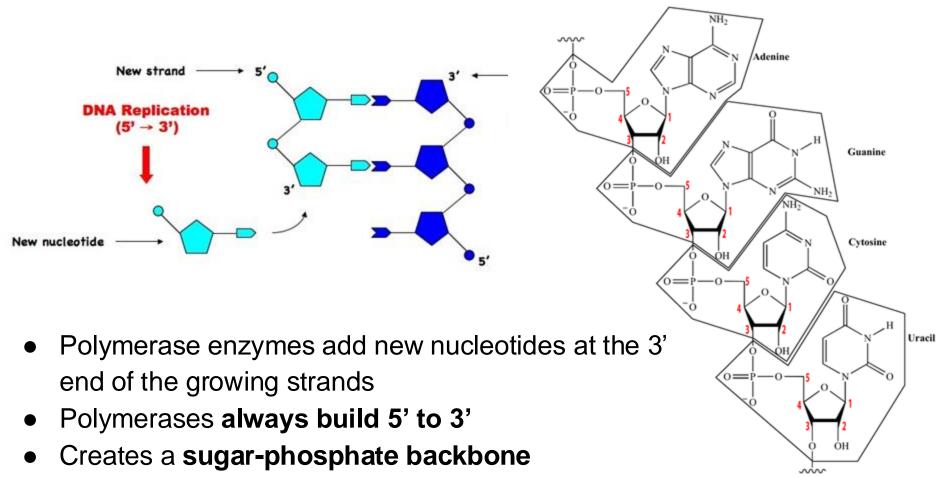
DNA nucleotide

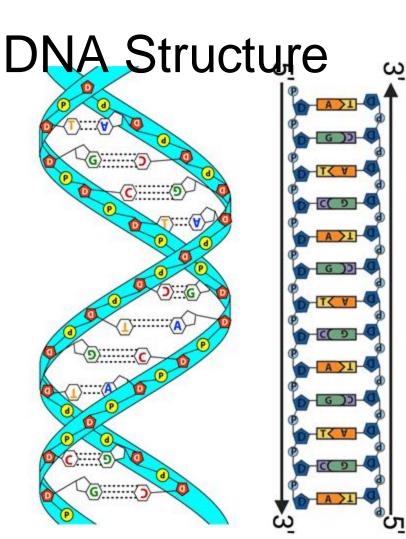
Different monomers in DNA and RNA



- DNA: the sugar is **deoxyribose**. The bases are **A**, **T**, **C**, **and G** (adenine, thymine, cytosine, and guanine).
- RNA: the sugar is **ribose**. The bases are **A**, **U**, **C**, **and G** (adenine, uracil, cytosine, and guarine)

Nucleotides: From Monomers to Polymers

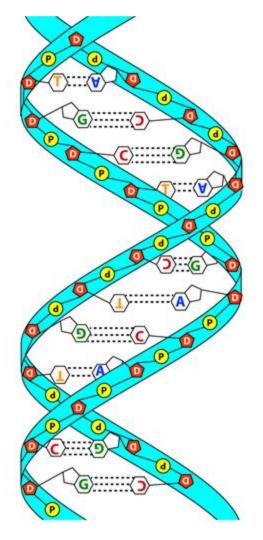




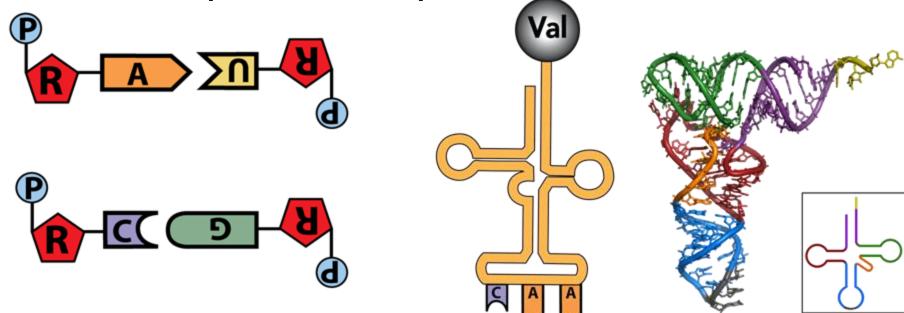
- Two nucleotide strands.
- Within each strand, the nucleotides connect to one another by sugarphosphate bonds.
- The strands connect by hydrogen bonds between nitrogenous bases with complementary shapes:
 A:T
 - C: G
- The two strands are *antiparallel*: Note the opposing 5' to 3' orientation in each strand.

Hydrogen Bonds \rightarrow Stability \rightarrow Information Storage

Each chromosome is a molecule of DNA (with up to 250 *million* bases)

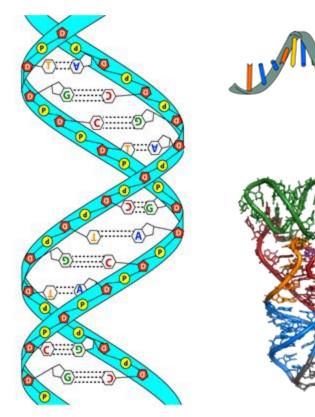


RNA Base Pairing \rightarrow internal hydrogen bonding \rightarrow specific shapes and functions



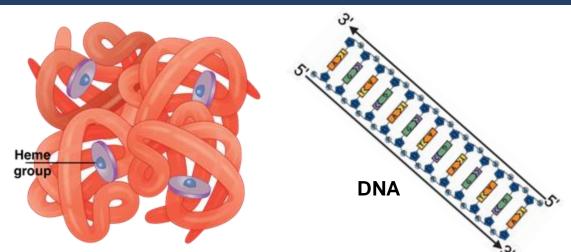
Nucleic Acids: Key takeaways

- 1. Include DNA and RNA
- 2. Monomers are nucleotides
- 3. DNA structure
 - a. Sugar phosphate backbone
 - b. Hydrogen bonds
- 4. RNA structure



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Want to learn more?



Hemoglobin Complete the tutorials about Proteins and Nucleic Acids on Learn-Biology.com

QUESTIONS (and comments)

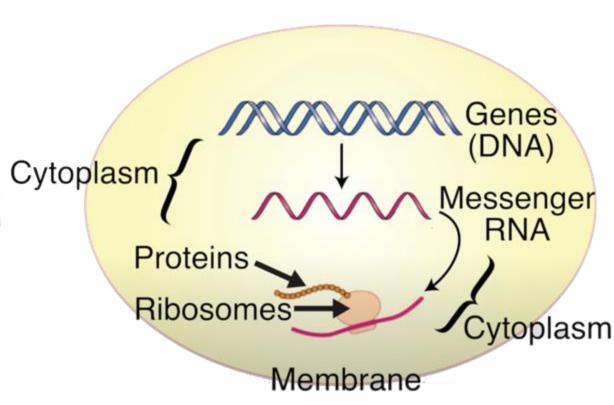


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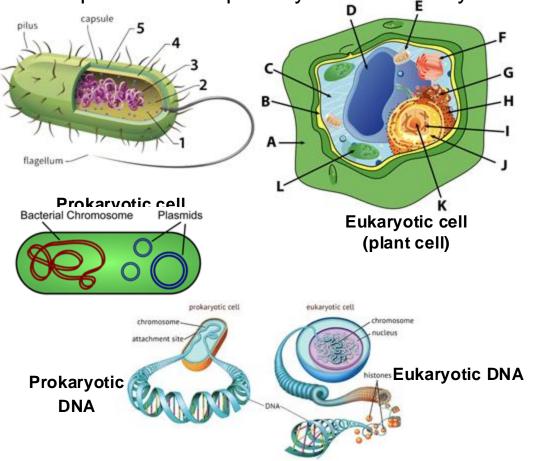
Cells: An Introduction

Describe the basic structure and fundamental parts of cells.



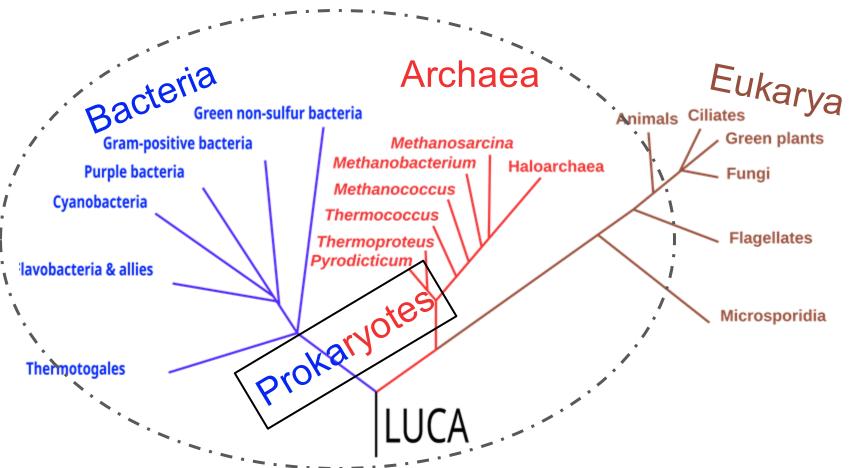
- Basic unit of life, of S & F
- Structure
 - Membrane
 - Genetic information (DNA)
 - Systems for maintenance and replication
 - mRNA + ribosomes make proteins
 - Enzymes (and other structures) in cytoplasm

Compare/contrast prokaryotic and eukaryotic cells



- Prokaryotic cells
 - Small, relatively simple
 - \circ No nucleus
 - Chromosome is circularized
 (3)
 - Contain plasmids
 - Found in Archaea and Bacteria
- Eukaryotic cells
 - Larger, more complex
 - \circ Nucleus
 - Multiple, linear chromosomes
 - DNA is associated with proteins
 - Mitochondria
 - Many membrane-bound organelles

Expert tip: Prokaryote is bad evolutionary category.

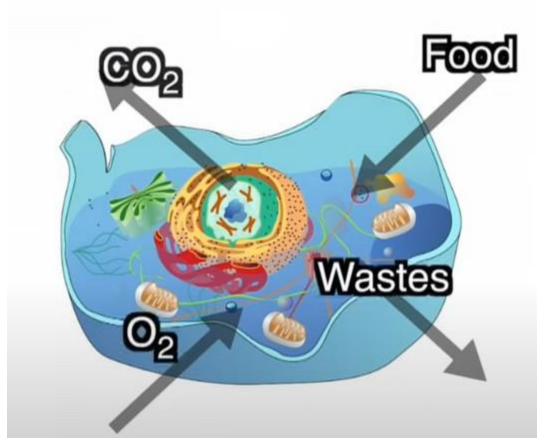


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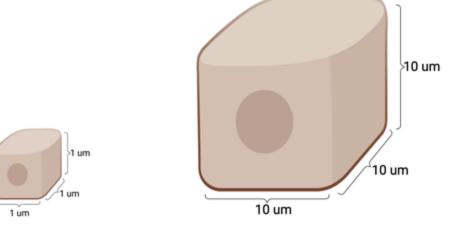
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TOPIC 2.3 Cell Size

The small size of cells (0.1 μ m to 100 μ m) comes down to diffusion.



 Cells need to have enough membrane surface area to allow for diffusion of substances in and out. Use the relationship between surface area and volume to explain why cells are small.

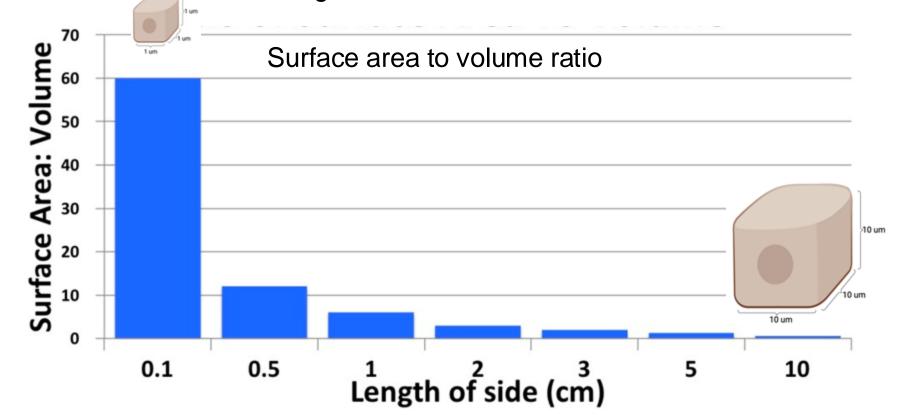


An example for two cuboidal cells.

Length	Surface area (units ²)	Volume (units ³)	surface area: volume
1	6	1	6:1
10	600	1000	0.6:1

 As an object gets larger, its amount of surface area relative to its volume *decreases*.

 Example: The larger cell's surface area to volume ratio is 1/10th that of the smaller cell. CONSEQUENCE: A large cell can't efficiently use diffusion to get the nutrients it noada in, and to get wastes out.



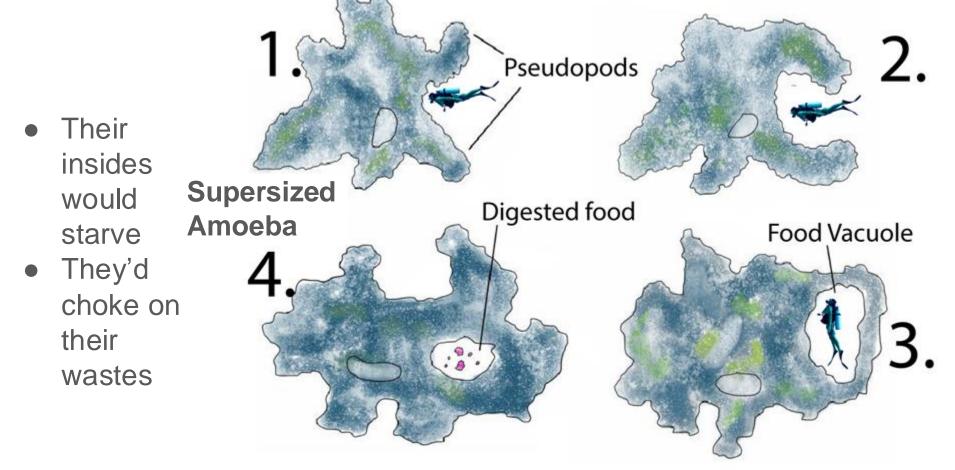
Percentage of cube's volume reached by diffusion

You can see this for yourself in the agar cube surface area:volume lab

100% 72% 51%

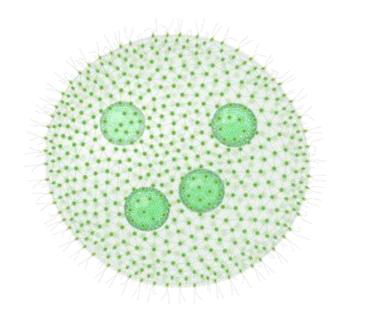


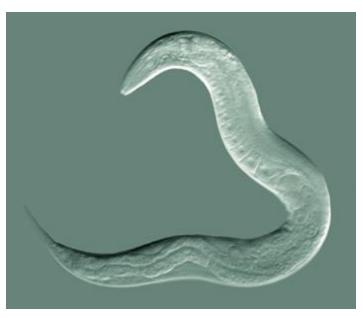
That's why huge cells are impossible



How life became large

- 1. Multicellularity
- 2. Adaptations that increased internal surface area to allow for diffusion of materials into and out of cells.



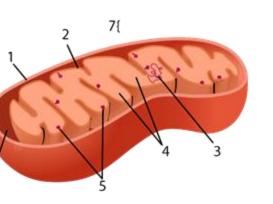


Volvox (an alga), 0.5 mm diameter

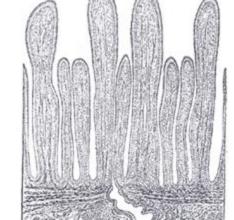
C. elegans nematode worm, 1mm x 5 um

Adaptations for increasing surface area in organisms or parts of organisms





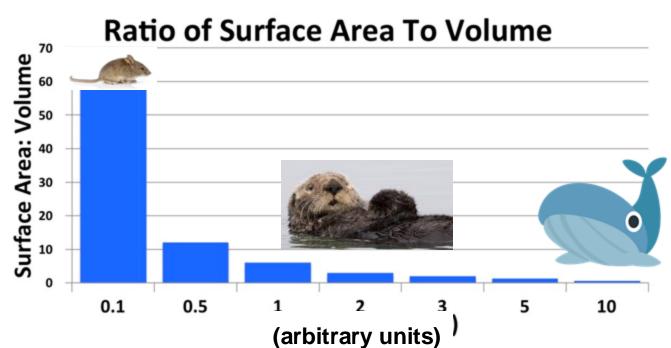






- Increases surface for diffusion of molecules or heat
- Increases working surface for membrane embedded enzymes
- HOW
 - Thin sheets of tissue (gills, elephant ears)
 - Highly folded surfaces

EXAMPLE: Explain, in terms of surface area, why there are no small (mouse-sized) marine mammals (and why some are really huge!)?



- Mammals are warm-blooded
- Ocean water is cold→hypothermia
- Increased size decreases surface area:volume ratio
- Less heat lost to environment

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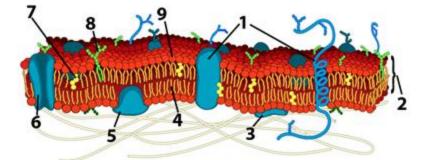
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QUESTIONS (and comments)



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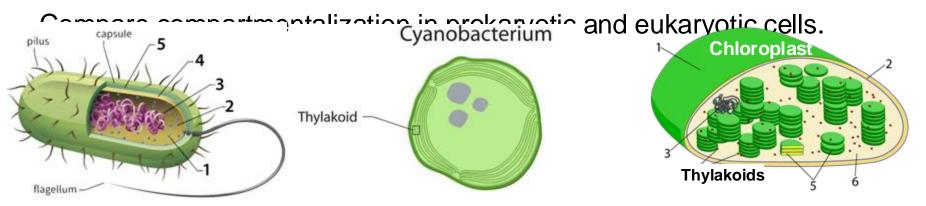
TOPICS 2.10-2.11

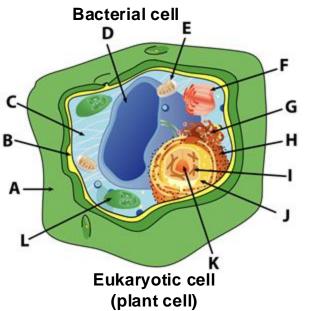
Cellular Compartmentalization and the Endomembrane System *How eukaryotic cells are organized*

advantage? (contains Ghydrolytic enzymes) (synthesize proteins) •6 Created with Biorender.com

What is cell compartmentalization? What are its

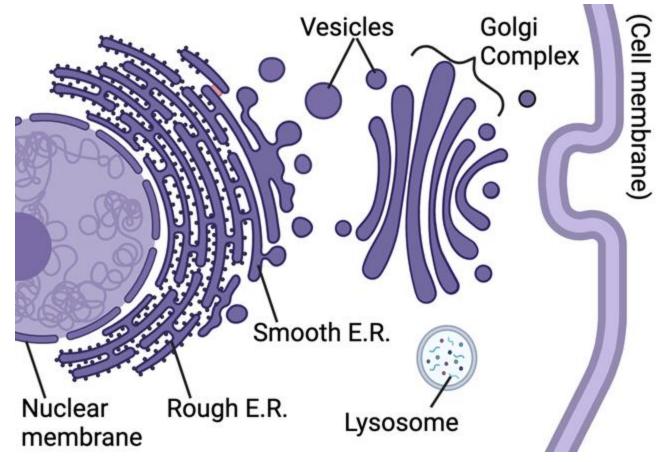
- COMPARTMENTALIZATION
 - : Internal division into sections
- ADVANTAGES
 - Allows cell to have regions with internal chemistry distinct from cytoplasm (e.g., lysosomes)
 - Increases surface area for
 - membrane-bound enzymes (e.g., smooth ER, Golgi)
 - Ribosomes in the rough ER





- Prokaryotic cells: few compartments (though there are internal regions with specialized structures and functions (thylakoids).
- Eukaryotic cells: highly compartmentalized,
 - Many internal membranes that divide the cell into regions with distinct structures, chemistry, and functions.
 - Examples: lysosomes, the E.R., the Golgi complex, and vacuoles.

Many eukaryotic compartments are part of the endomembrane system

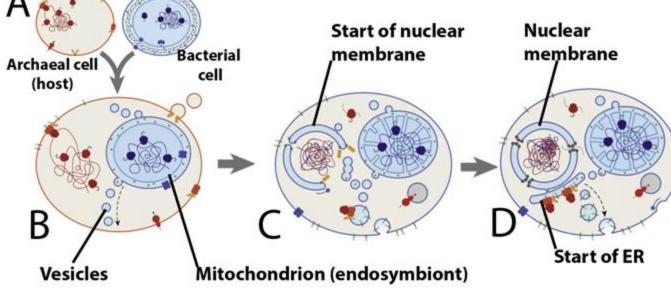


A dynamic, connected system of internal membranes and compartments

- Includes: nuclear membrane, the Rough ER, Smooth ER, Golgi, Lysosomes, and vesicles
- Membrane (and material) flow from one compartment to the next

Explain the origin of mitochondria and cellular compartmentalization

Adapted from Gould, Garg, and Martin, Trends Microbiol. 2016 Jul;24(7):525-534

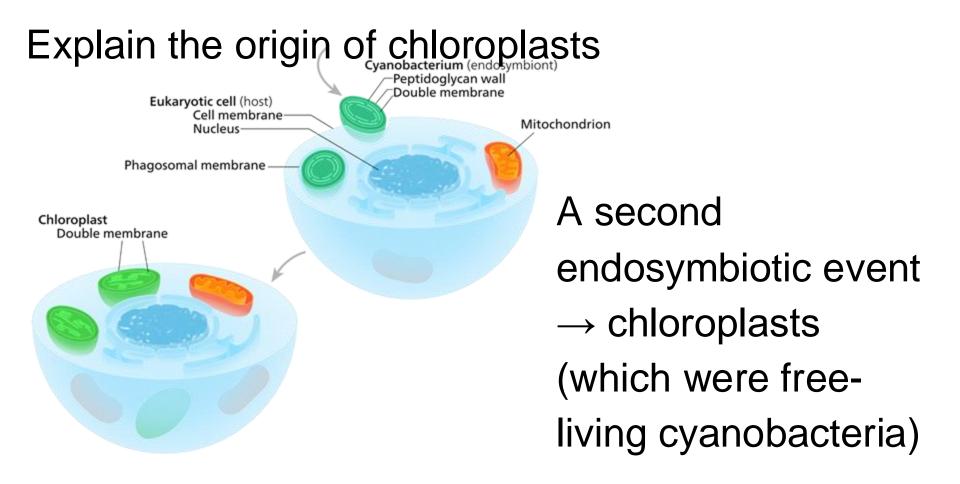


• Dates back ~1.8 bya

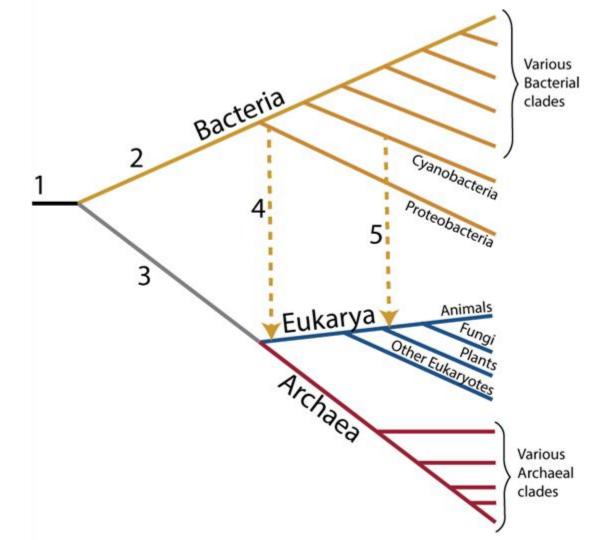
Eukaryotic origins

• Arose as mutualistic endosymbiosis

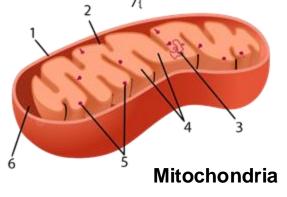
- Archaeal cell and bacterial cell merged (B)
- Bacterial cell → mitochondrion
- Secretion of vesicles → nuclear membrane (C) and E.R. (D)

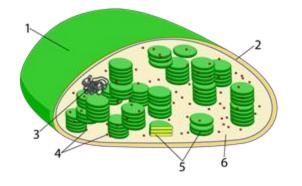


Another look at the three domains



What's the evidence that chloroplasts and mitochondria were once free-living bacterial cells that arose through endosymbiosis?





Like bacteria, both organelles

- Have their own circular DNA
- Replicate themselves through binary fission
- Use their own ribosomes to produce some of their own proteins.
 - Ribosomes resemble bacterial ribosomes in terms of their rRNA membrane sequence and structure.
- Have (at least) two membranes (outer one is a vestige of an vesicle from endocytosis)



Bacterium

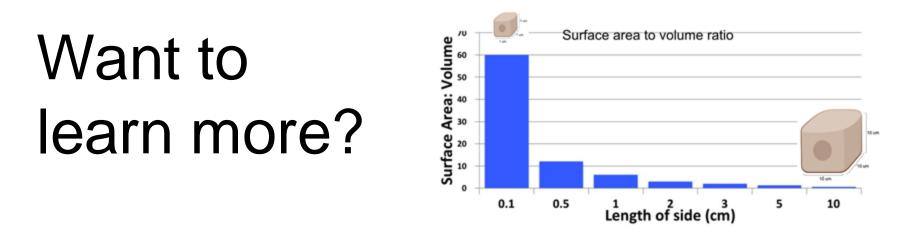
Bacterium surrounded by vesicle

Chloroplast

QUESTIONS (and comments)



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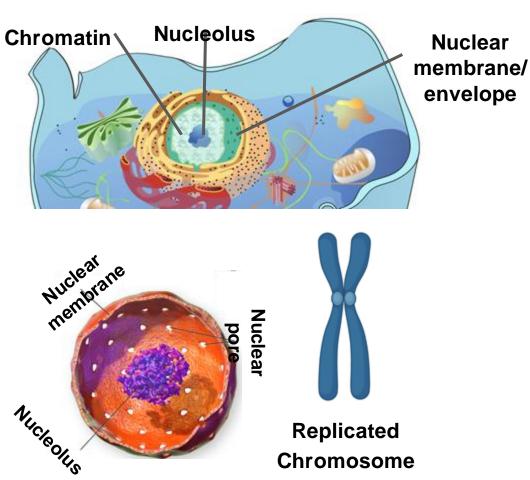
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TOPICS 2.1 - 2.2

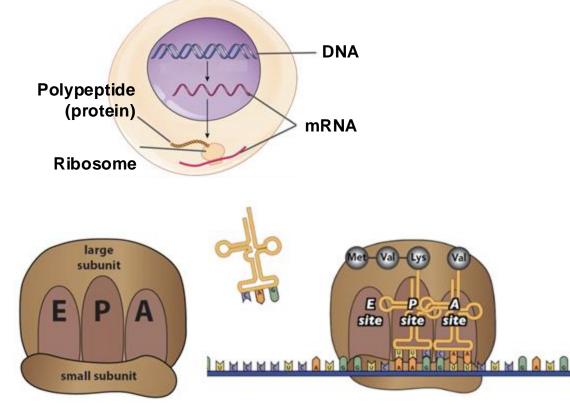
Eukaryotic Cell Parts and Functions

Describe the structure and function of the nucleus.



- FUNCTION: stores and protect genetic information/DNA
- DNA is wrapped around proteins to form chromosomes
- Chromatin (spread out DNA)
- Nucleolus: assembles ribosomes
- Nuclear membrane: separates chromosomes from cytoplasm.
- Nuclear pore: allows molecules to enter/leave nucleus

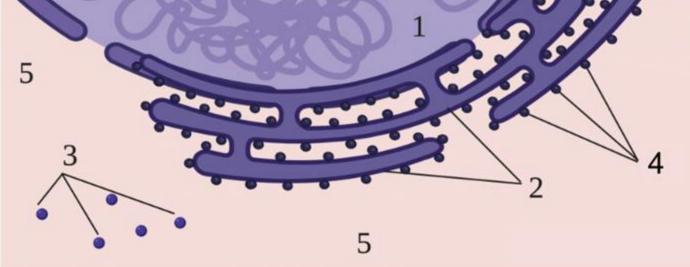
Describe the structure and function of ribosomes.



- Particles composed of ribosomal RNA and protein.
- Consist of large and small subunits
- Ribosome function:
 - Reads a genetic message encoded in a sequence of mRNA
 - Translates that message into a sequence of amino acids that make up the primary structure of a protein.

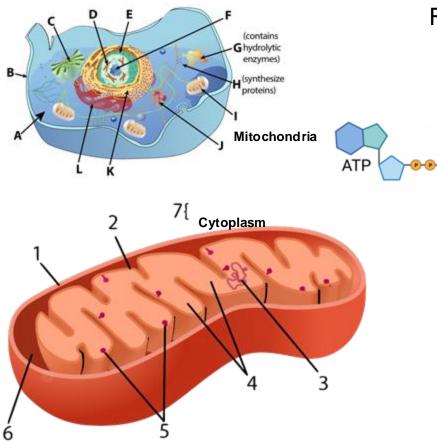
DETAILS OF TRANSLATION/PROTEIN SYNTHESIS IN UNIT 6 What are two locations within a eukanyotic cell where ribosomes can be found?

Ribosomes can be "free" or "bound"



- Free ribosomes (3) float freely in the cytoplasm (5).
- Bound ribosomes (4) are connected to the membrane of the rough ER (endoplasmic reticulum).
- All ribosomes start out as free...through *protein targeting* they migrate to the ER to become bound (tutorial on Learn-Biology.com).

Describe the structure and function of mitochondria



FUNCTION: converting food energy into ATP

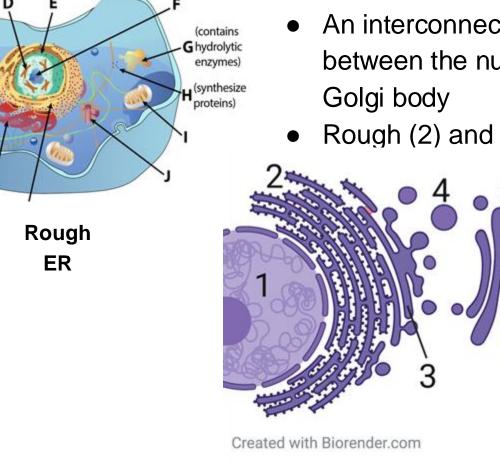
Key Structures:

- Matrix (cytoplasm).
 - Enzymes for Krebs cycle
 - Chromosome/DNA (3);
 - also ribosomes (not shown)
- Inner membrane (2)
 - highly folded (\uparrow surface area).
 - Has membrane-embedded enzymes and proteins (5) that make ATP
- Intermembrane space (6)
- Outer membrane (1)

Describe the endoplasmic reticulum (E.R.), and list its two forms

Smooth

ER



An interconnected series of channels between the nuclear membrane and

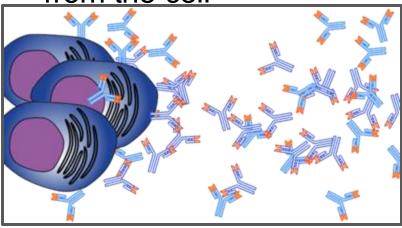
16

Rough (2) and smooth (3)

Rough ER Smooth ER 4 5 6 8

Studded with ribosomes.

 Synthesizes proteins for inclusion in lysosomes, other organelles, in the membrane, or for export from the cell



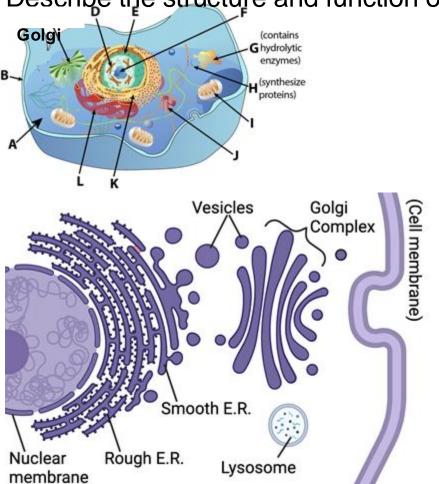
B cell secreting antibodies

Describe the structure and function of the rough E.R.

Describe the structure and function of the smooth E.R. Rough ER Smooth ER 4 5 1 0 0 the ound network. Lacks riber Many em Synth

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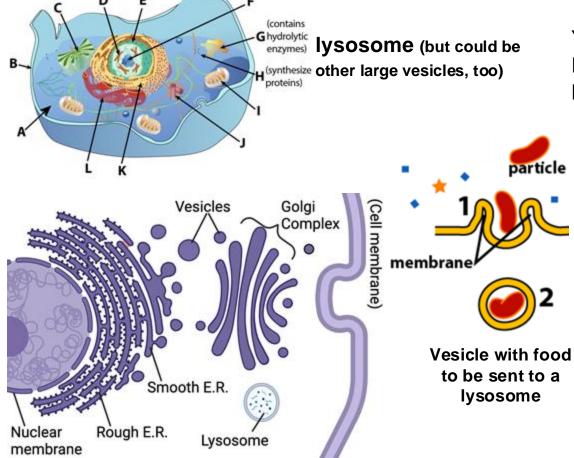
- On the outer side of the ER network.
 - Lacks ribosomes but has many embedded enzymes.
 - Functions (vary by tissue)
 - Synthesis of lipids,
 - Converting toxins into soluble forms that can be excreted from the body
 - Carbohydrate breakdown and synthesis.



Describe the structure and function of the Golgi complex.

- A series of membrane-bound flattened sacs.
- Receives vesicles from the rough and smooth E.R., and chemically modifies the contents (usually proteins).
- Packages modified proteins into vesicles that are sent to organelles, to the cell membrane, or exported from the cell.

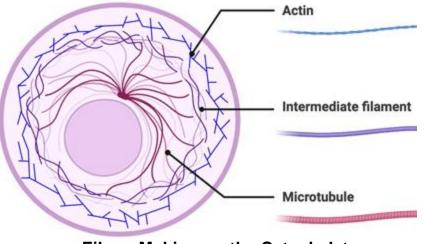
AKA: Golgi body or Golgi apparatus.



Describe the structure and function of lysosomes.

YOU WILL *NEVER* HAVE TO IDENTIFY A LYSOSOME ON A DIAGRAM ON THE AP EXAM!

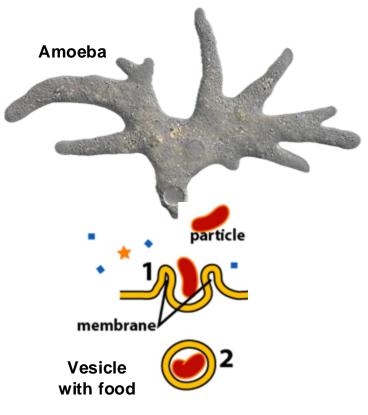
- Membrane-bound organelles that contain hydrolytic enzymes.
- Only found only in animal cells
- Carry out intracellular digestion.
- Also recycle worn-out, damaged, or excess organelles and molecules.
- Play a key role in apoptosis (programmed cell death)



Describe the structure and function of the cytoskeleton

Fibers Making up the Cytoskeleton

- A dynamic network of protein fibers
- Enables cells to move materials and organelles
- Enables cell to move their membranes (endocytosis, amoeboid movement)



(contains G hydrolytic enzymes) B. (synthesize proteins) Centrosome

What are centrosomes/centrioles?

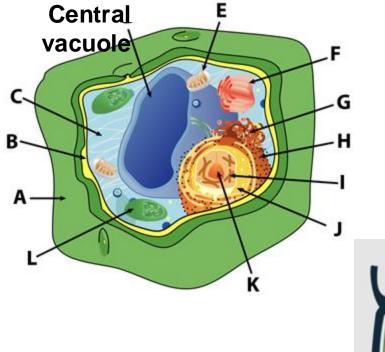
Centrosome: the organelle (with two centrioles)

 FUNCTION: creating spindle fibers for separating chromosomes during mitosis and meiosis

Centrioles

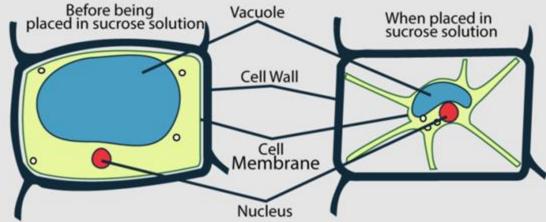
Spindle

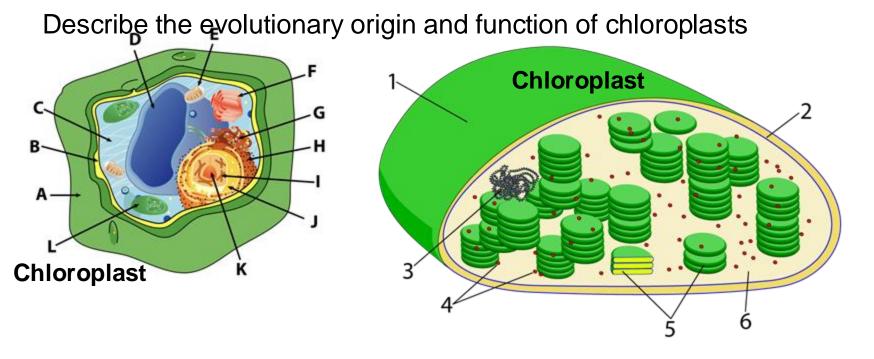
Describe the function of the central vacuole.



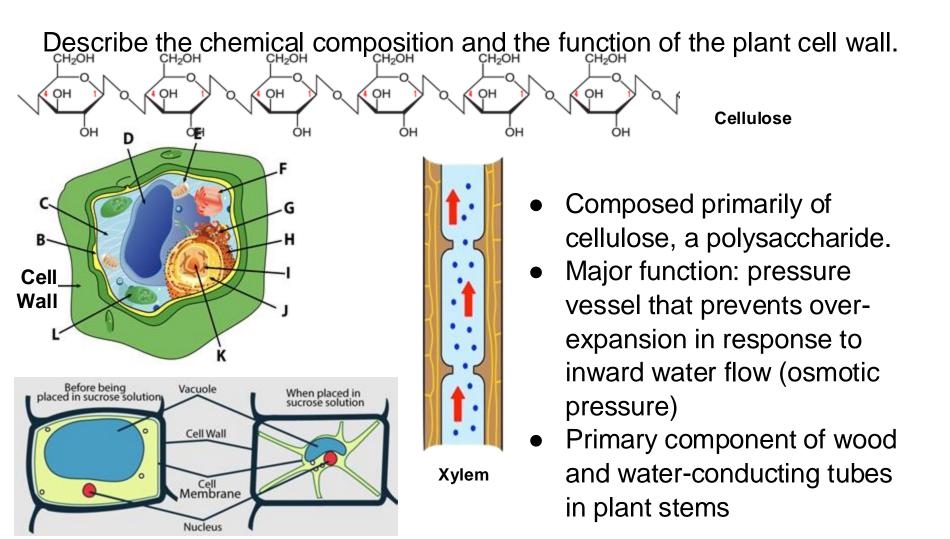
- ONLY IN PLANT CELLS
- Functions
 - Water storage.
 - Storing and releasing needed macromolecules,
 - Sequestering waste products

Maintaining turgor pressure





- Endosymbiotic descendants of free-living photosynthetic bacteria (w/ their own DNA, ribosomes, etc).
- FUNCTION: creating carbohydrates through photosynthesis.
- DETAILS IN UNIT 3



QUESTIONS (and comments)



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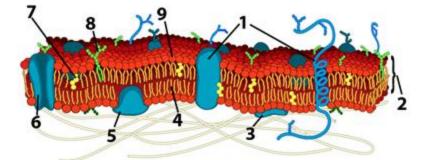
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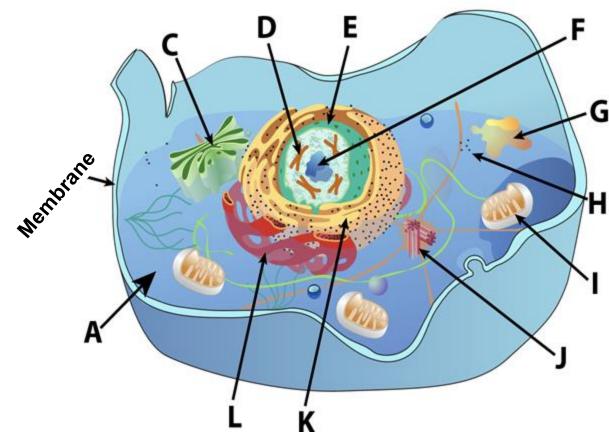
Complete the tutorials about Cell Parts and Functions on Learn-Biology.com.

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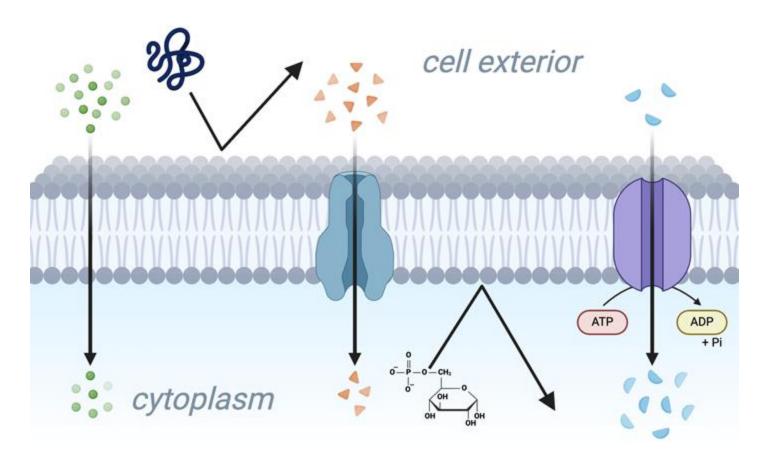
Topic 2.4 Cell Membrane Structure

What is the function of the cell membrane?

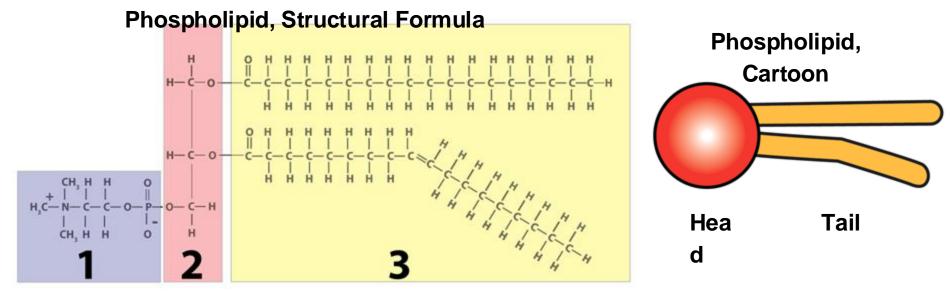


- Separates the highly organized contents of the cell from the cell's environment
- Selectively permeable boundary: Allows passage of some substances and particles, but not others.

Selective permeability

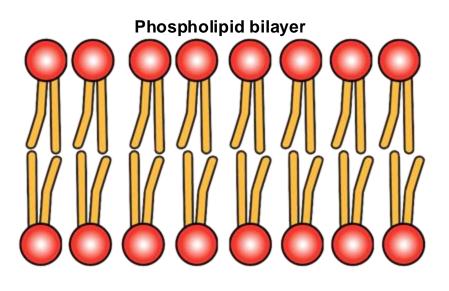


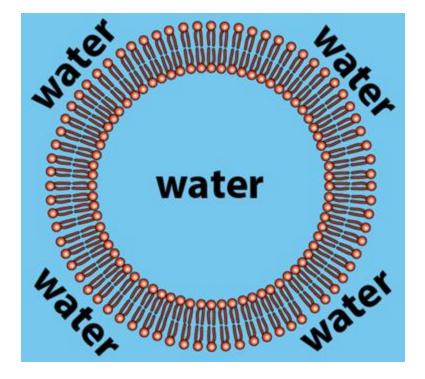
Phospholipids: key structural components of membranes



- Hydrophobic/nonpolar tail (3)
- Hydrophilic/polar head (1)
- Glycerol (2)

In water, phospholipids form bilayers

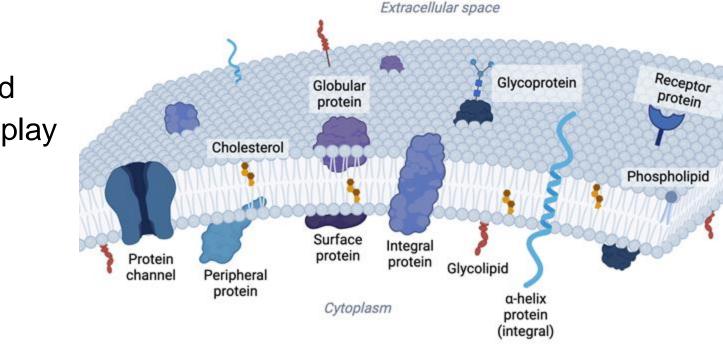




- In solution, the heads bond with water molecules, while the tails form a water-free zone
- Creates a *bilayer:* the framework of the membrane.
- P-L bilayer is stabilized by weak bonds between the tails

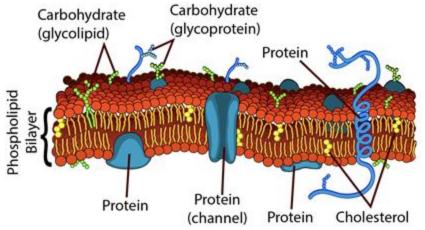
Proteins, cholesterol, and carbohydrates play key roles in membrane structure and

function



- Proteins: Cytoskeleton attachment, channels, receptors, membrane embedded enzymes
- Cholesterol: membrane stabilization
- Glycoproteins (protein + short polysaccharide): cell recognition (e.g. A, B, O blood types)

The fluid mosaic model



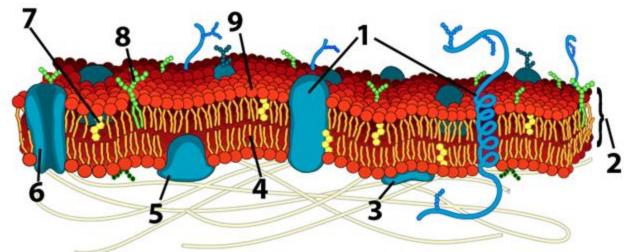




Phospholipids + proteins + cholesterol, in motion.

- FLUID because components are moving laterally within the plane of the phospholipid bilayer
- MOSAIC because it's composed of a variety of pieces:
 - WITHIN BILAYER: Phospholipids, proteins, and cholesterol
 - INSIDE AND OUTSIDE
 BILAYER: Additional molecules
 might be attached to proteins or

How proteins fit into the cell membrane.



- Transmembrane proteins (1):
 - Hydrophobic core fits into the nonpolar inner portion of membrane
 - > Hydrophilic regions extend into the cytoplasm or membrane exterior.
- Integral proteins (5):
 - Nonpolar region embeds into the hydrophobic membrane middle;
 - A single hydrophilic region juts into the cytoplasm or cell exterior.
- **Peripheral proteins** (3): attach to phospholipid heads that on the cytoplasmic side of the membrane or the cell exterior.

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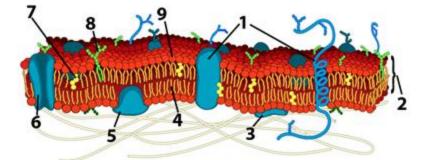
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Topics 2.4 – 2.9: Membrane Structure and Function; Osmosis

Describe the fluid mosaic model of the cell membrane. Include

- The overall function of the membrane
- The role of phospholipids
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- □ The functions of cholesterol, glycolipids, and glycoproteins.
- Define selective permeability.

Explain how selective permeability arises from the fluid mosaic structure of the mem

How small, nonpolar molecules like N2, CO2, and O2 can pass across the

- $\hfill\square$ How ions and large polar molecules move across the membrane
- $\hfill\square$ How small polar molecules (like water) pass through the membrane
- Compare and contrast passive transport, active transport, and facilitated diffusion. Co process to membrane structure.
- Compare and contrast endocytosis and exocytosis.
- Explain membrane potential
- Connect membrane potential to processes such as ATP synthesis.
- Define the term osmosis, and be able to predict and explain the flow of water into or hypotonic, hypertonic, and isotonic environments.
- Evaluin the movement of water into or out of colls (and entire organisms) in relations

QUESTIONS (and comments)

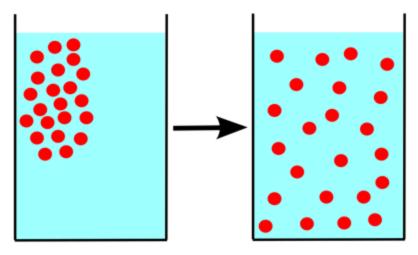


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TOPIC 2.5 Membrane

Transport

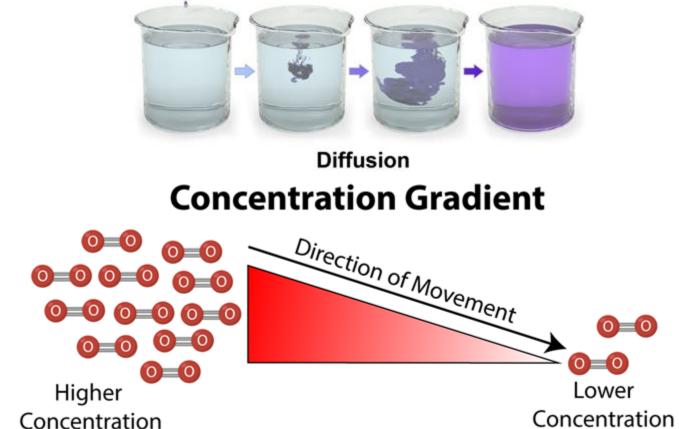




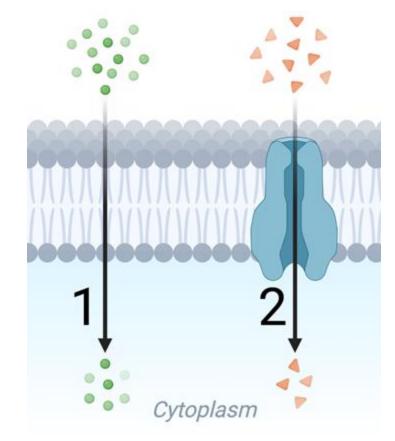
Diffusion is how many substances enter and leave cells. Definition: the tendency of molecules to spread out from where they're more concentrated to where they're less concentrated.

Diffusion

Molecules spontaneously flow *down* their concentration gradients.

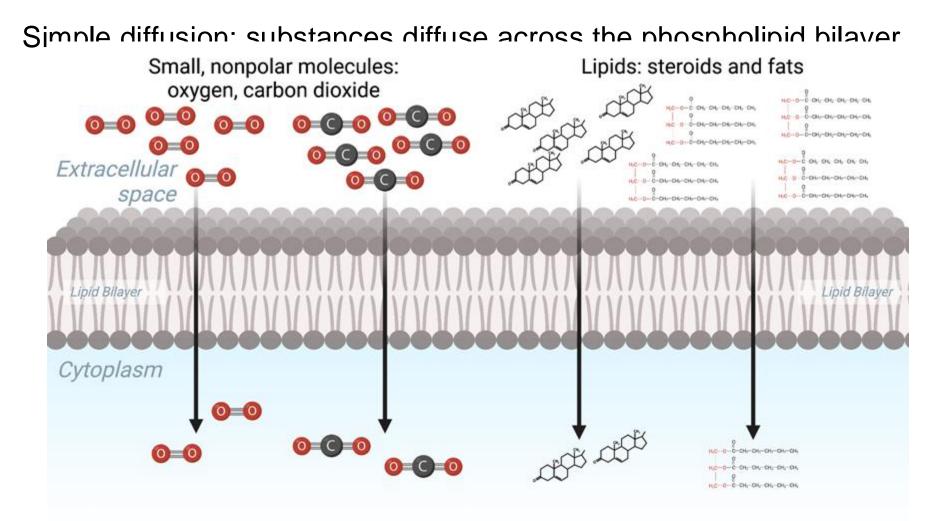


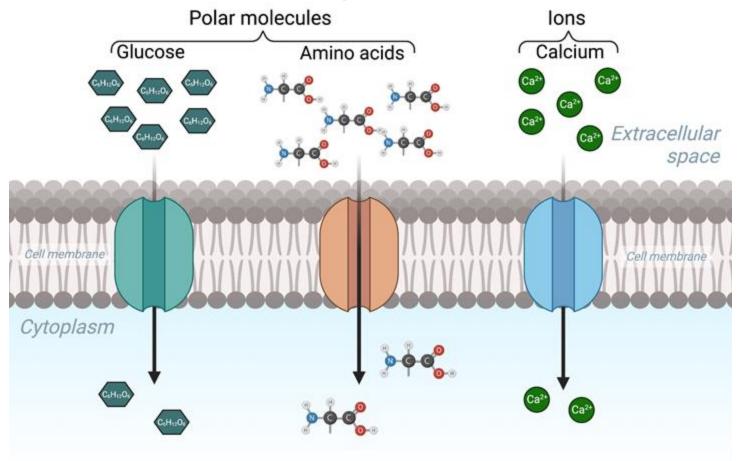
Diffusion = "Passive Transport"



- No cellular energy is required
- Two forms
 - Simple diffusion

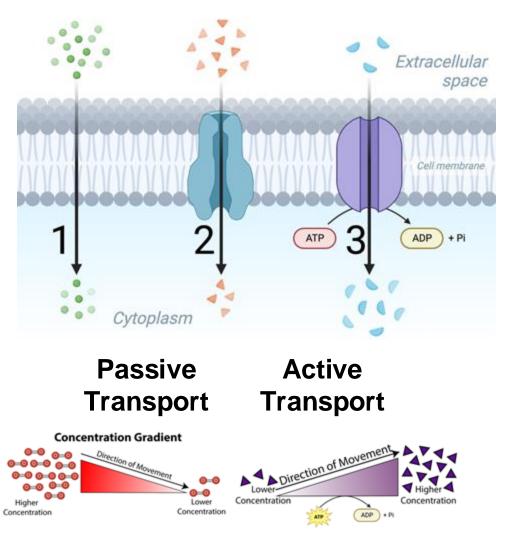
 (1)
 Facilitated
 diffusion (2)





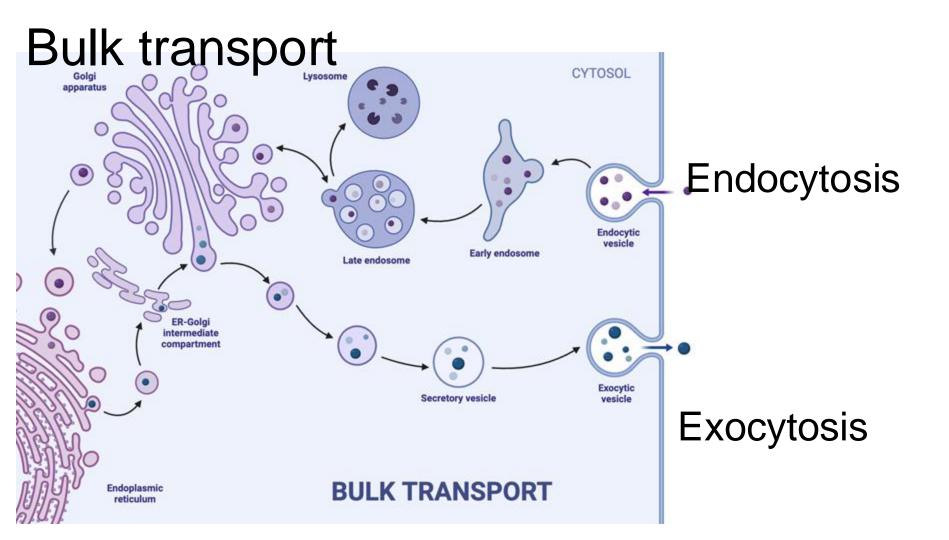
Facilitated diffusion is for polar and ionic substances

Requires protein channels: transmembrane proteins that only let specific molecules or ions pass

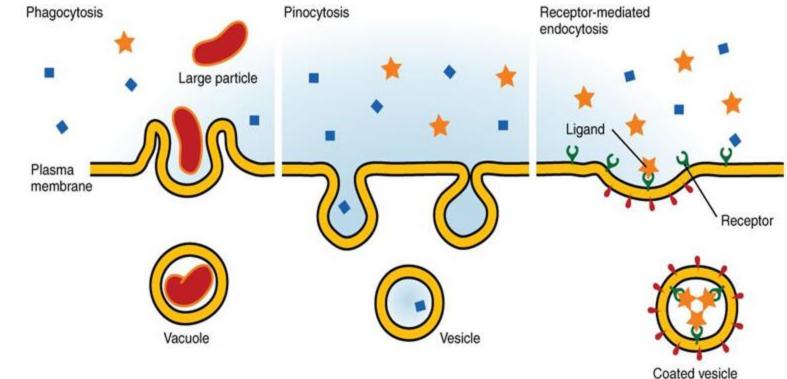


Active transport (3) involves pumping a molecule *up* its concentration gradient. Requires energy on the part of the cell.

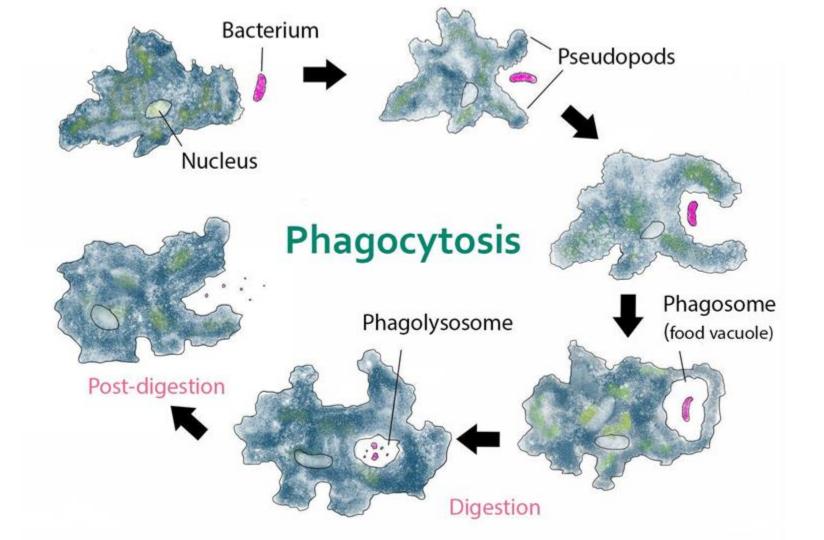
- Usually ATP to ADP to power the pumping process
- Also electron flow (in the proton pumps used by chloroplasts and mitochondria to power ATP synthesis).



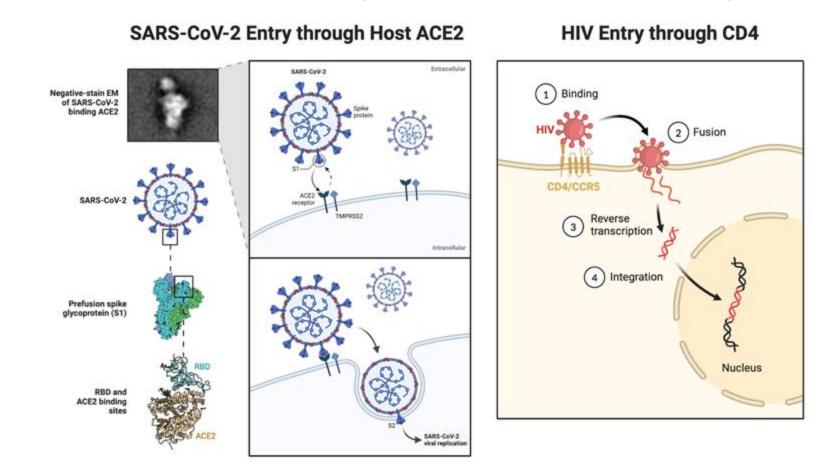




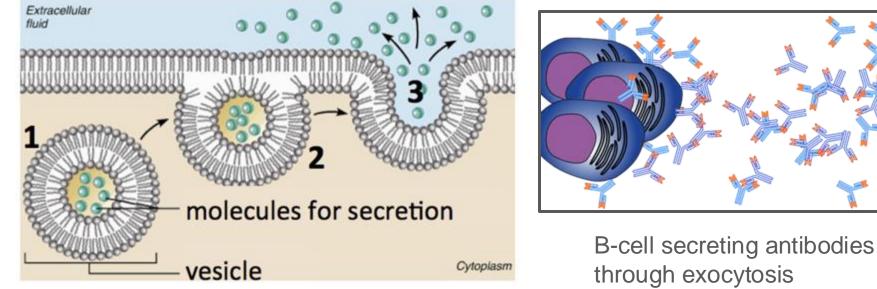
Membrane pinches in to surround a molecule, a particle, or some extracellular fluid, creating a cavity that becomes a vesicle



Receptor-mediated endocytosis can be exploited by viruses

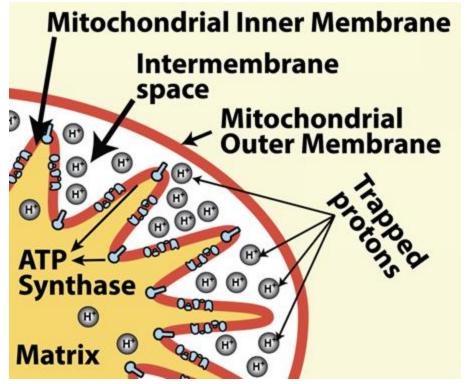


Evonutacio



 Vesicles (1) fuse with membrane, releasing their contents

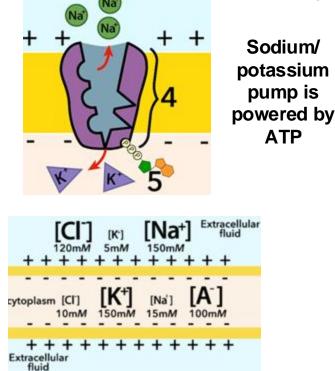
Membrane Potential



Proton Gradient → Membrane Potential

- An electrical charge across a membrane.
- CREATED by pumping ions across membranes (active transport)
- KEY EXAMPLE (preview of Unit 3)
 - Mitochondria pump protons from the mitochondrial matrix to the intermembrane space.
 - Gives intermembrane space a positive charge relative to the matrix.
 - Creates an electrochemical gradient that pulls protons through ATP synthase back to the matrix, generating ATP.

Membrane potential generated by the sodium/potassium pump



ATP

Creates a -70 mV charge across nerve cell membranes



Makes nerve impulse transmission possible

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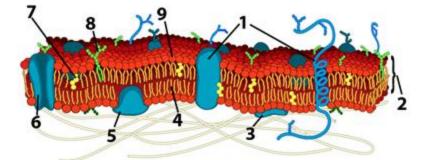
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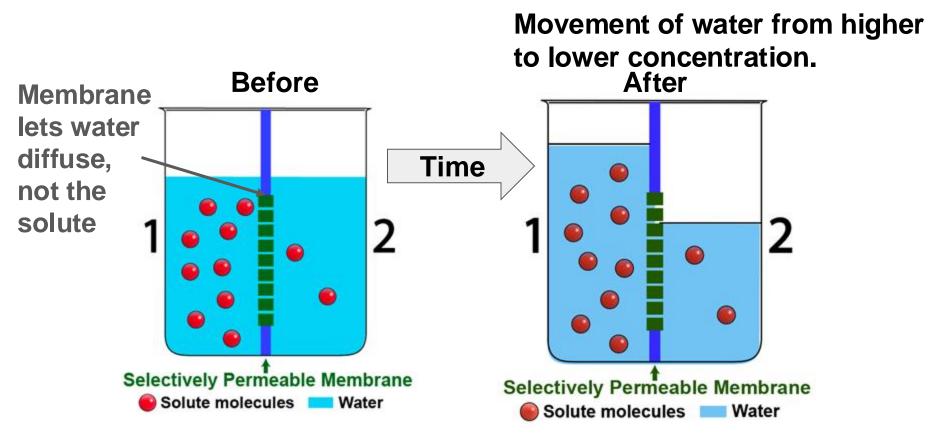
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TOPIC 2.8, part 1

Osmosis and its consequences

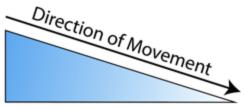
Osmosis is the diffusion of water.



Water flows down its concentration gradient from hypotonic to hypertonic.

Hypertonic

Osmotic Gradient



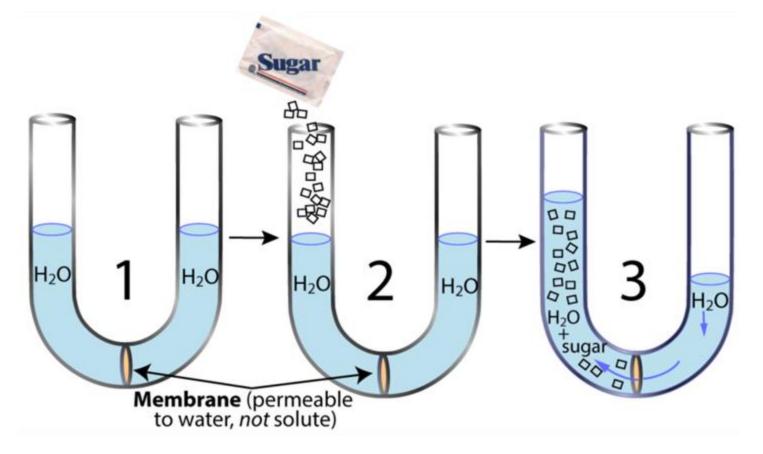
Hypotonic **nic**

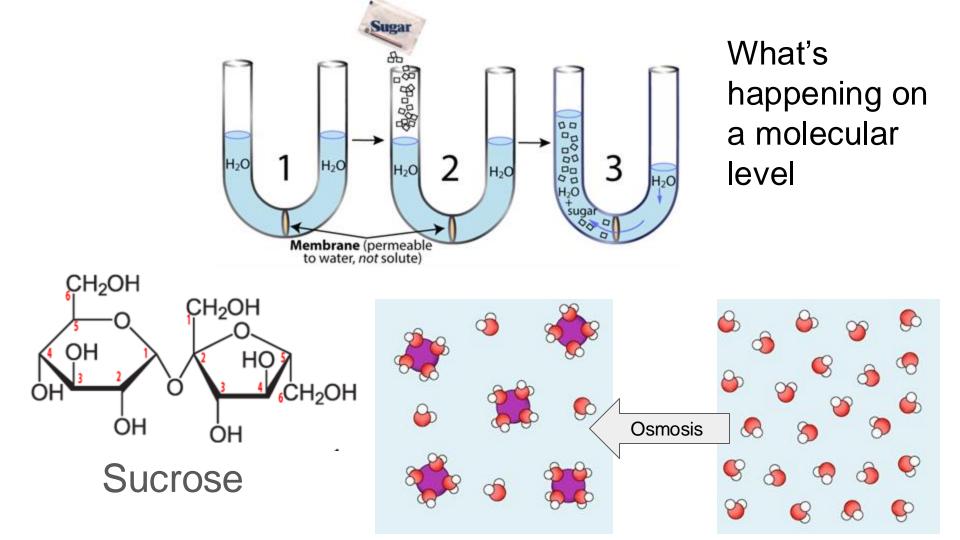
• Hypotonic:

- *Relatively* more water
- Relatively less solute
- Hypertonic
 - *Relatively* less water
 - *Relatively* more solute

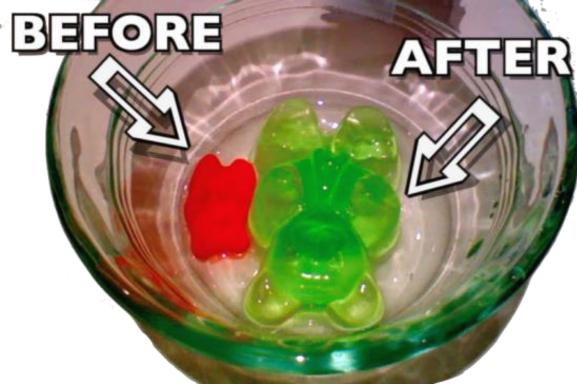
MEMORIZE: Water diffuses from hypotonic to hypertonic

Water flows from hypotonic to hypertonic: U-tube example



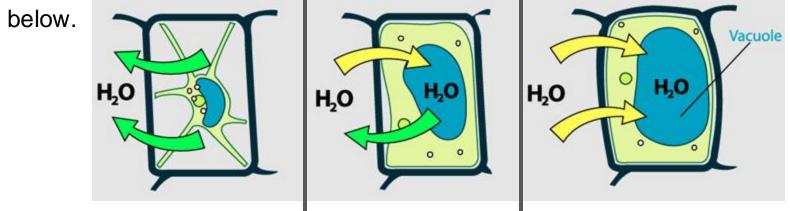


A student places a gummy bear in a bowl of water overnight. The next day, the gummy bear has expanded. Explain.



- Gummy bear is mostly sugar.
- Water in bowl is 100% water.
- Water flows from the hypotonic solution in the bowl to the hypertonic gummy bear.

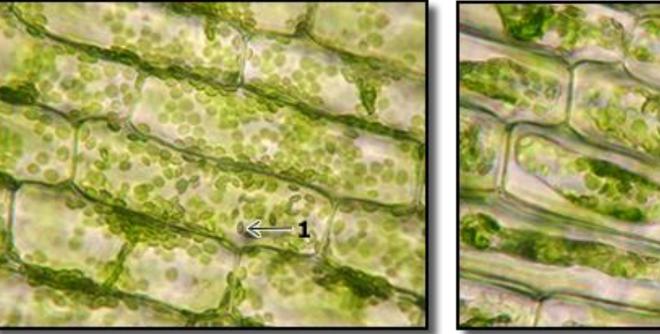
OSMOSIS IN DLANTS: Use the principles of perposis to explain each of the images



- LEFT: Cell is hypotonic to environment. Water leaves the cell, the membrane peels away from wall: AKA: *plasmolysis*. Vacuole shrinks. Plant wilts.
- CENTER: Cell is isotonic to environment. Water enters and leaves the cell at the same rate.
- RIGHT: Clell is hypertonic to environment. Water flows into the cells.
 Turgor pressure → vacuole to expand.

Explain

Elodea in its normal freshwater



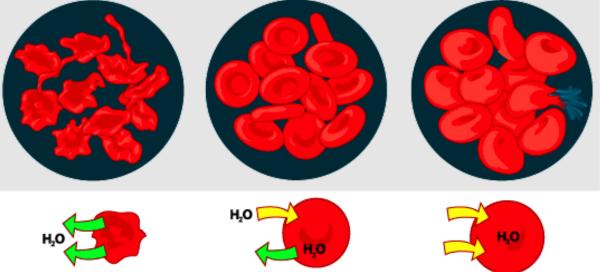
Elodea placed in saltwater



• The salt makes the cells hypotonic to their environment. Water leaves the cell, the membrane peels away from wall: AKA: *plasmolysis*.

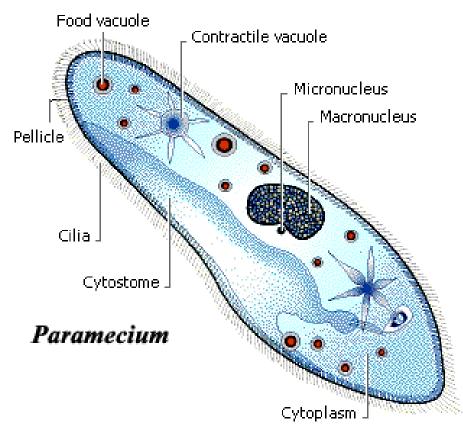
OSMOSIS IN ANIMAL CELLS: Use the principles of osmosis to explain each of the

images below.



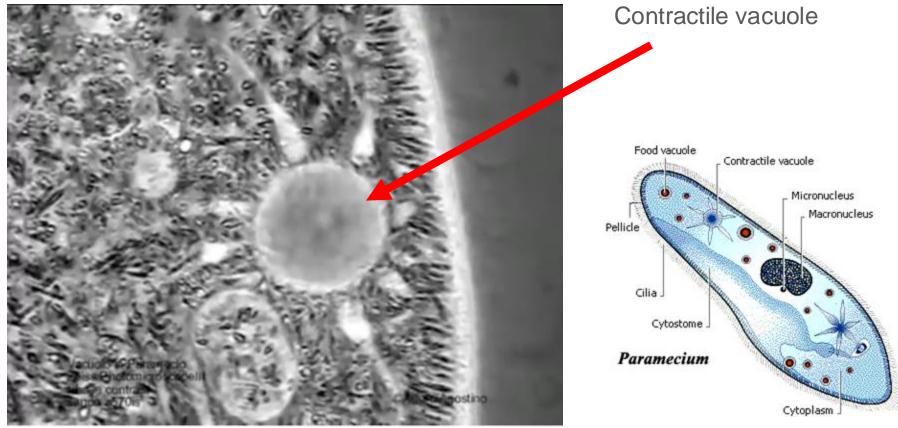
- LEFT: Cell is hypotonic to environment. Water leaves the cell, cell shrinks.
- MIDDLE: Cell is isotonic to environment. Water enters and leaves the cell at the same rate.
- RIGHT: Cell is hypertonic to environment. Water flows into the cells. Cell bursts

Explain the function of the contractile vacuole in freshwater protists such as *Paramecia*



- Protists in freshwater are hypertonic to their freshwater environment.
- As a result, water moves into these cells by osmosis.

Explain the function of the contractile vacuole in freshwater protists such as *Paramecia*.

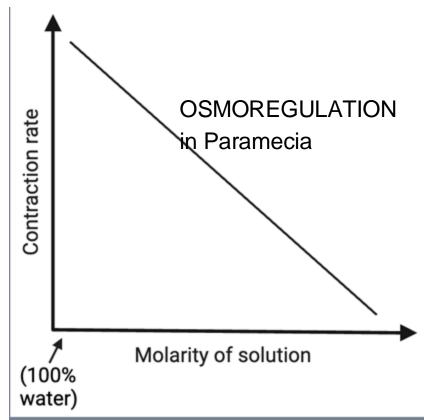


Explain the function of the contractile vacuole in freshwater protists such as *Paramecia*.



To osmoregulate, the contractile vacuole fills with water and then contracts to expel water from the cell.

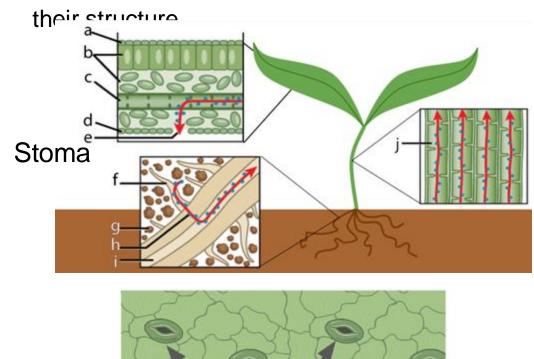
Explain the function of the contractile vacuole in freshwater protists such as *Paramecia*.



• If the environment becomes more hypertonic, the cell can adapt by decreasing its rate of contractile vacuole contraction

 It can do the reverse in more hypotonic environments.

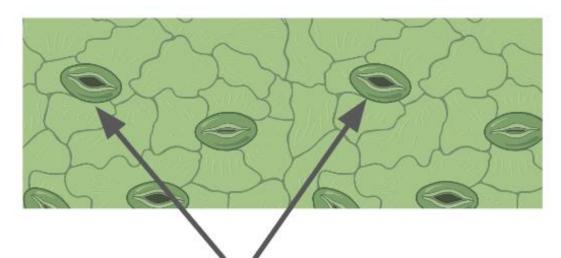
Stomata are used for osmoregulation in plants. Describe



Stomata

- Pores on the underside of leaves
- Each stoma (singular) is formed by two guard cells.

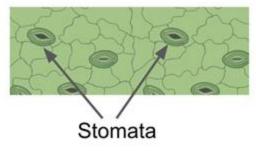
Describe the structure of leaf stomata.



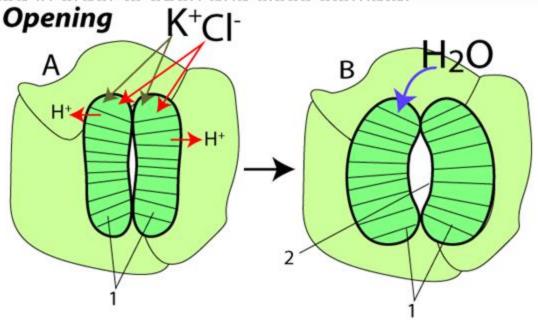
Stomata

- With sufficient water, guard cells buckle outward
- This creates a pore (stoma) that allows CO₂ to enter the leaf for photosynthesis
- PROBLEM: this also allows water vapor to escape.
- Stomata close in response to environmental cues, including water stress

Explain how quard cells are regulated in order to open and close stomata.

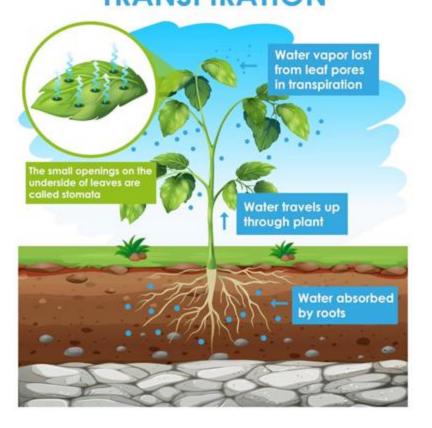


 When water is available, adjacent cells pump potassium ions into the guard cells.



- Water follows by osmosis, causing the guard cells to buckle and open.
- When water is scarce, this pumping stops. Potassium ions flow out of the quard cells and water follows causing the stomata to close

Understanding stomata is key to understanding the transpiration lab





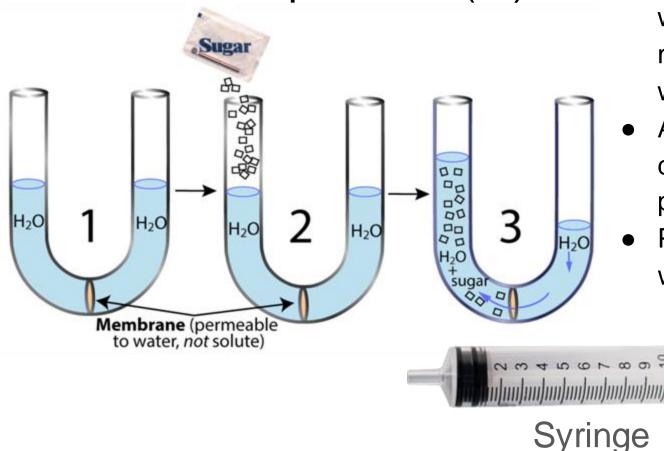
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TOPIC 2.8, part 2

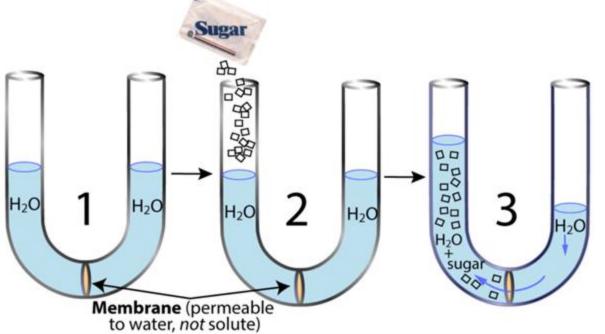
Water Potential

What is water potential (Ψ) ?



- Ψ: A measurement of water's tendency to move from where it is to where it's not
- Adding solute decreases water potential
- Pressure increases water potential.

M/hat is water notantial (UD)?



MEMORIZE THIS RULE:

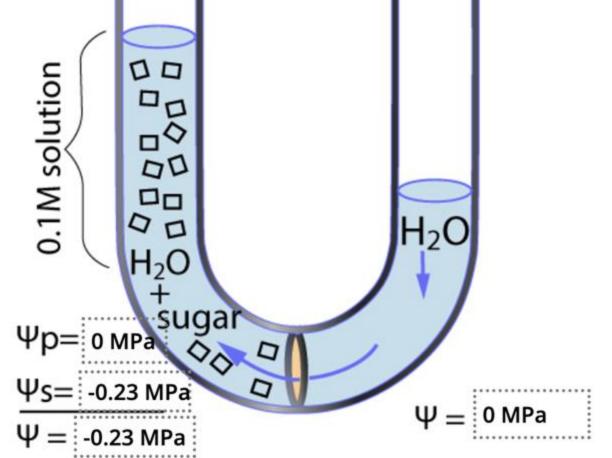
Water flows from areas of higher water potential to areas of lower water potential. Explain the formula for water potential.

$\Psi = \Psi_{\rm S} + \Psi_{\rm P}$

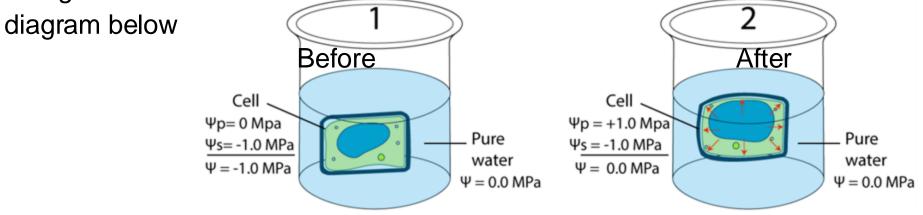
WaterSolutePressurepotentialpotentialpotential

- Ψ: water potential
- $\Psi_{\rm S}$: solute potential.
 - Adding solute to water
 decreases its water
 potential.
- Ψp: pressure potential.
 - Adding pressure (like pressing on the plunger of a syringe) increases water potential

Using water potential, explain the diagram below.



Using the concert of water notential evolain what's hannening in the



- There's no pressure (Ψp = 0 Mpa)
- There's lots of solute in cytoplasm, creating a negative solute potential (Ψs = -1 Mpa)
- $\Psi = \Psi_{\rm S} + \Psi_{\rm P} = 0.1 + 0 = -1.$

- Water flows from the beaker (Ψ = 0 MPa) to the cell (Ψ = -1 Mpa)
- This increases the pressure in the cell until it reaches equilibrium with the beaker ((Ψp = 1 Mpa)

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Special topic Sidewalks and Osmosis



Osmosis

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Special topic Diffusion and Osmosis Labs

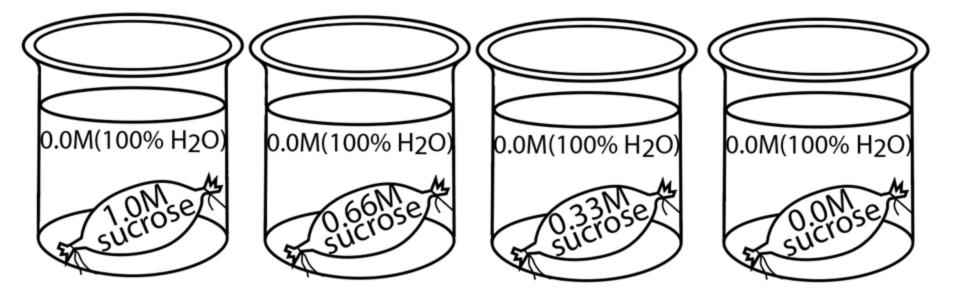
All of these labs use dialysis tubing.



Selectively permeable

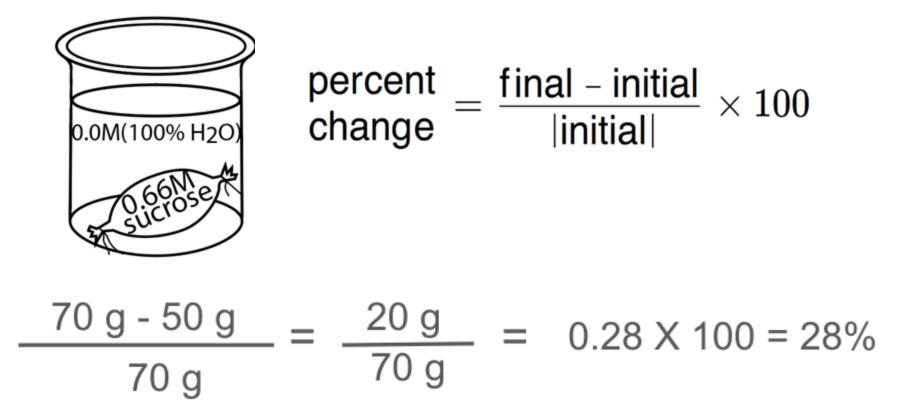
- Permeable to water, ions, and monosaccharides
- Impermeable to sucrose (a disaccharide) and larger molecules

Lab # 1: Sucrose solution in dialysis bags

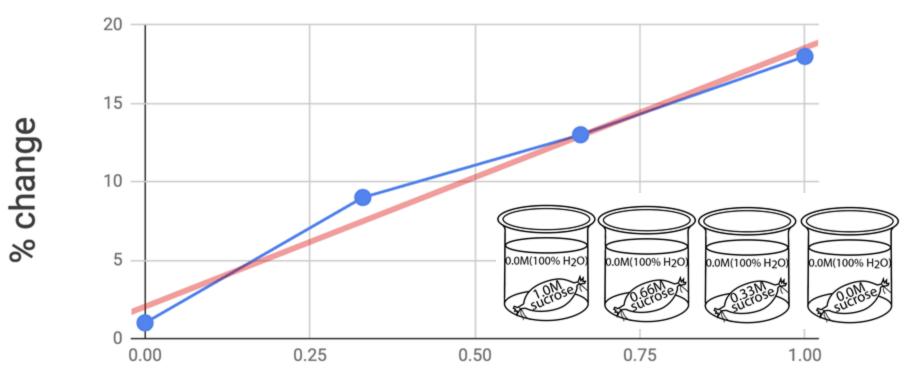


- The cup/beaker has distilled water
- The bags have sucrose solution.
- The bags sit in the water for 30 minutes. PREDICT what will happen. JUSTIFY your prediction.

You're going to calculate % change

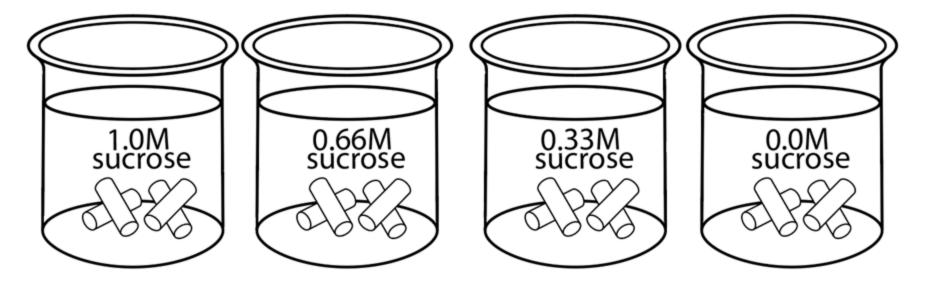


Dialysis Bags with Sucrose in Water for 30 Minutes



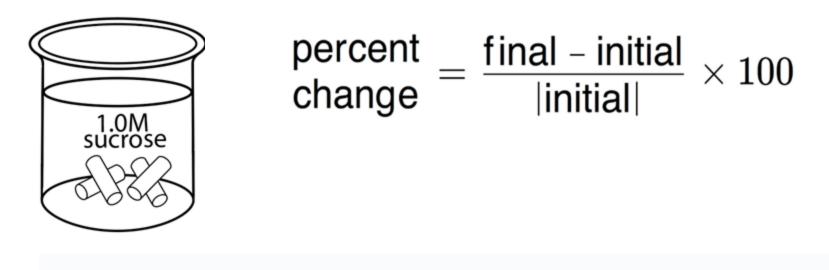
Molarity of sucrose

Lab # 2: Potato cores in solutions of varying molarity



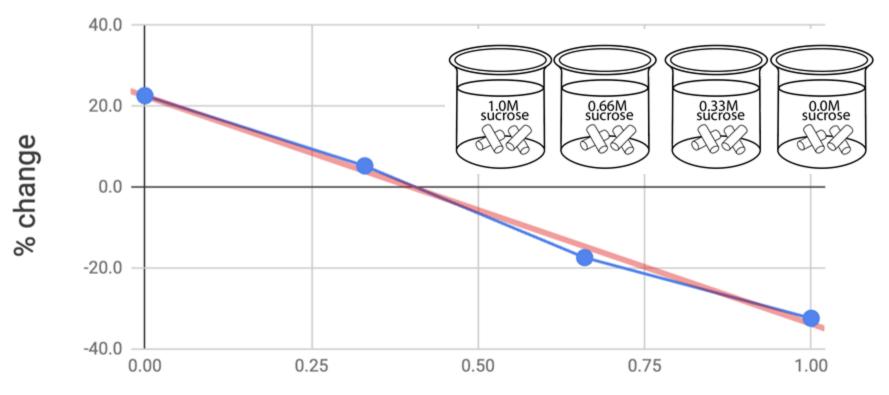
• PREDICT: what will happen to the mass of the potato cores over time?

You're going to calculate % change (which can be negative)

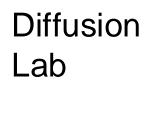


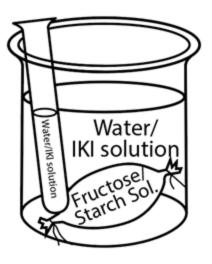
$$\frac{50 \text{ g} - 70 \text{ g}}{70 \text{ g}} = \frac{-20 \text{ g}}{70 \text{ g}} = -0.28 \text{ X} 100 = -28\%$$

Potato Cores in sucrose solutions of varying molarity



Molarity of sucrose











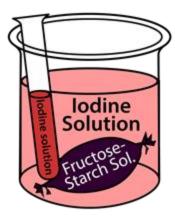
Before

After





Before

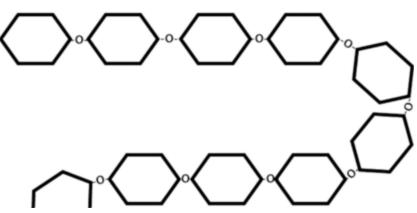


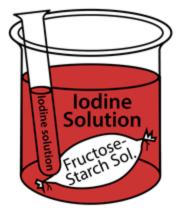
After

	Initial	Final
Color of	White	Black/Purple
Solution in		
the bag		
Color of	Darker	Lighter Red/
Solution in	Red	Clear
the cup		
Fructose	No	Yes
Present in the		
Cup?		
Iodine	No	Yes
Present in the		
bag		

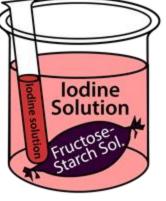


- Iodine: (1)
- Fructose:
- Starch:





Before



After

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- Unit 3: Cellular Energetics (Energy, Cellular Respiration, Photosynthesis)
- Unit 4: Cell Communication; Feedback and Homeostasis; the Cell Cycle; Cancer and Apoptosis
- Unit 5: Heredity (Meiosis and Genetics)
- Unit 6: Gene Expression and Regulation
- Unit 7: Evolution
- Unit 8: Ecology



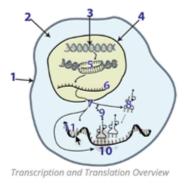
Topic 6.4, Part 2: Translation/Protein Synthesis

1. Introduction

In previous tutorials in Unit 6, we learned about transcription and the genetic code. In this tutorial, we'll look at the cellular mechanisms involved in translation. During translation, which is also known as *protein synthesis*, ribosomes (10) "read" an mRNA message (6 and 11). With the assistance of tRNAs (8), the ribosome translates the mRNA message into a polypeptide (9): a sequence of amino acids that makes

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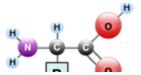
f those genes leads to an organism's gets transcribed into RNA, which gets et's go.



w. If you feel that you remember that material well, jump down to the protein

1. Proteins are *polymers of amino acids*. As shown below, each amino acid consists of a central carbon atom. The central carbon is bonded to an amino group (—NH₂) on one side, a carboxylic acid group (—COOH) on the other side, and a side chain (also known as an "R-group"). The side chains vary in their composition and chemistry and can be polar/hydrophilic, non-polar/hydrophobic, acidic, or basic.

2. There are 20 amino acids. You can think of them as an alphabet. In the same way that English uses the 26 letters of the alphabet to create hundreds of thousands of words, cells use various combinations of amino acids to create hundreds of thousands of proteins. As a result, *proteins* are the most diverse macromolecule



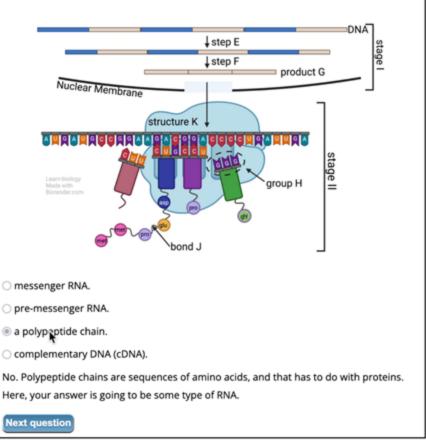
Unit 6 Multiple Choice Quiz 2

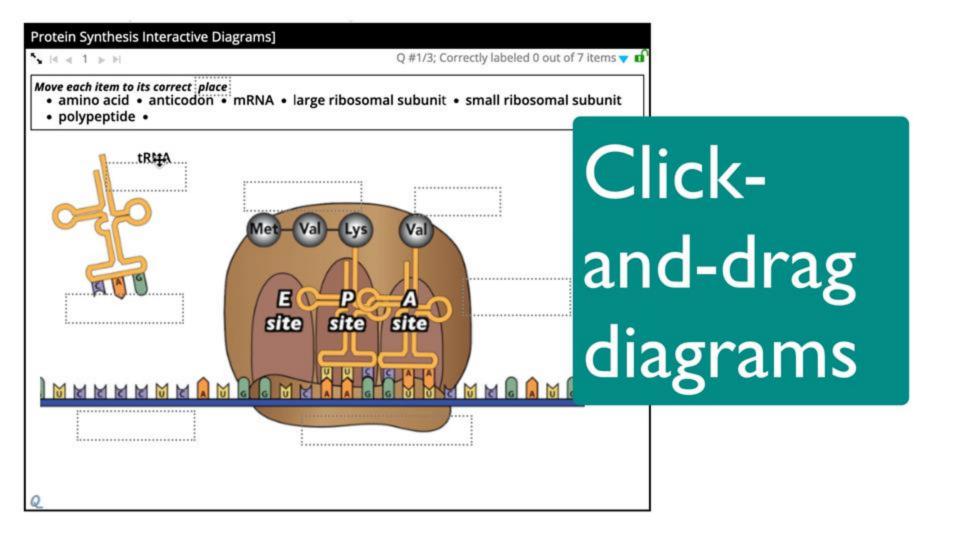
N 4 7 ▷ H Ø

20 questions, 7 responses, 3 correct, 4 incorrect, 17 to go 🔻 🖬

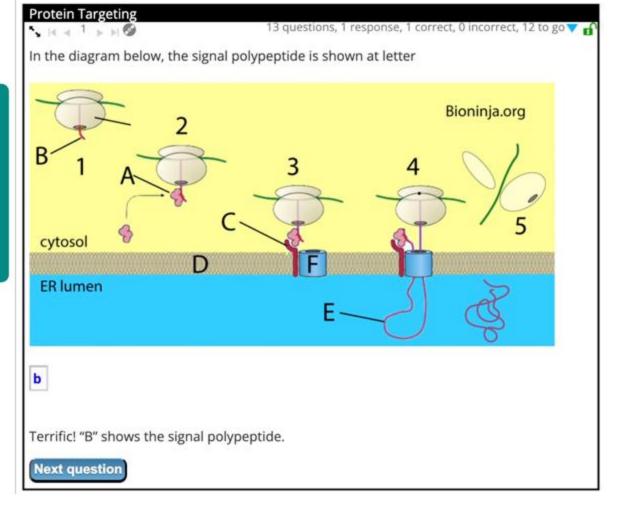
In the diagram below, step E directly results in the production of







Identify the part

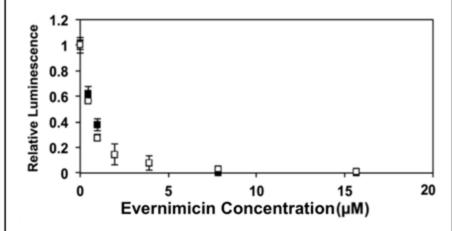


Free Response

Unit 6 Practice FRQs

10 questions, 2 responses, 2 correct, 0 incorrect, 8 to go 🔻 👩

Scientists are studying the effectiveness of a drug, Evernimicin, on inhibiting ribosome function in the bacteria *Escherichia coli*. To do this, they measured the synthesis of luciferase, a genetically engineered protein introduced into *E. coli* to make them luminescent (glow). In their experiment, scientists tested different concentrations of Evernimicin at both 37° Celsius (white boxes) and 25° Celsius (black boxes).



PART 1: **Identify** the control group in this experiment and **describe** the difference in ribosome function in the control group in terms of relative luminescence at 37° and 25° Celsius.

PART 2: Explain the relationship between ribosome function and luciferase production in *E. coli.*

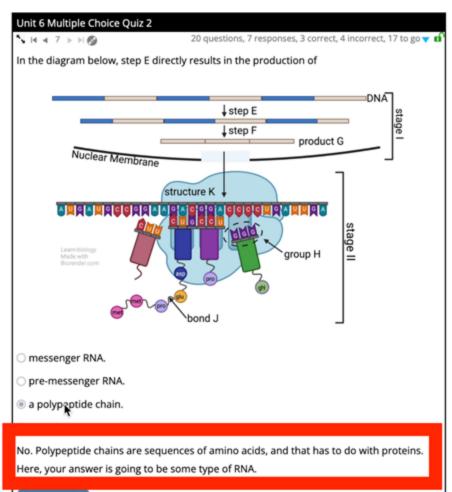
PART 3: A scientist proposes that Evernimicin's effect is mostly on the cell membrane of *E. coli*. **Identify** one part of the plasma membrane that could be affected by an elevated dose of Evernimicin in *E. coli*.

Show the answer

Positive Feedback for Correct Responses

Quiz: Transcription Quiz: Transcription In a gene, the strand template strand transcription unit promoter	30 questions, 4 responses, 4 correct, 0 incorrect, 26 to go▼ which gets transcribed into RNA is called the	
Yes. The DNA strand that gets transcribed into RNA is called the <u>template</u> strand.		
Next question		

Hints and repetition for incorrect responses



Next question

Name:

Date: _____

Topics 7.6 - 7.8, Evidence for Evolution: Student Learning Guide (AP Bio v2.0)

Getting started:

- Go to learn-biology.com, then AP Bio v2.0, then Unit 7, Natural Selection/Evolution
- Start with "Topics 7.6 7.8. Part 1: What Constitutes Evidence for Evolution? Historical Observations"
- If you're submitting this electronically to your instructor, please type your answers in blue, red, or any other color your instructor suggests.
- As you go, click on this □ to change it to ☑

Topics 7.6 – 7.8, Part 1: What Constitutes Evidence for Evolution? Historical Observations

1 -4. Read the introduction, section 2 ("A Theory is much more than a hypothesis"), and complete the "Theory vs. Hypothesis" flashcards and quiz.

5. Read "To prove evolution true..."

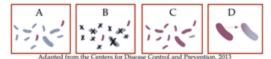
CHECKING UNDERSTANDING: In your own words, explain how the scientific meaning of the word *theory* is different from the word *hypothesis*.

SUMMARIZE: In the space below, describe the claims that evolution makes.

Read "The Evolution of SARS-CoV-2 Variants.
 Read, "Evolution of antibiotic-resistant bacteria..."

8. Complete the flashcards: SARS-CoV-2 Variants and

b. Explain how bacteria have evolved antibiotic resistance.



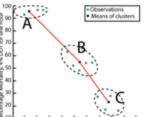
9. Read about "The Evolution of Pesticide Resistance in Mosquitoes"

10. Read the "Evolution of new phenotypes ... in the Soapberry bug"

- 11. Read "More Examples of Historically Observed Evolution." Follow at least one link to learn more so you can summarize that example below.
- 12 13. Complete the "Historical Examples of Evolution Flashcards and Quiz.

CHECKING UNDERSTANDING

TASK 1: Explain Pesticide resistance in Mosquitoes



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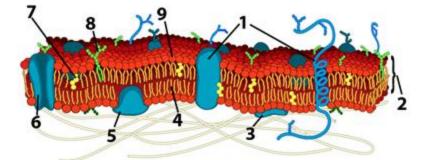
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